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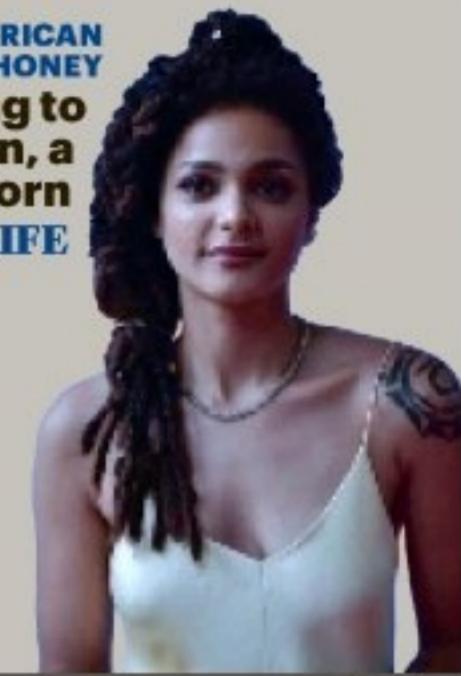
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# Winnipeg metro



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## HIDDEN HISTORY

Augmented reality app  
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into city's past  
**metroNEWS**



LYLE STAFFORD/FOR METRO

+ Twenty-five years of francophone film, **metroNEWS**

## Not the city for women

QUALITY OF LIFE

Critics explain  
why Winnipeg  
has slid even  
lower on list

**Michelle  
Bailey**  
For Metro | Winnipeg

Winnipeg is not quite dead last in a list of best Canadian cities for women to live in — but almost.

And we're even lower down the ladder from last year.

In its 2016 checkup, the Canadian Centre for Policy Alternatives (CCPA) ranks Winnipeg 20 out of 25 — two positions lower than in 2015.

CCPA senior researcher Kate McInturff measured the gap between men and women in 25 metropolitan areas to capture inequalities that can be attributed, at least in part, to discrimination.

"Canada has made gains in creating opportunities for women

and girls to thrive in our communities. But there is still work to do," McInturff said. "For the first time on record, women are now more likely to be the victims of violent crime than are men — a result of persistently high rates of sexual assault."

Lorie English, executive director of Winnipeg's West Central Women's Resource Centre, agrees.

"Manitoba has twice the national average for domestic violence rates, and there are inadequate safe spaces for women to access after-hours, which means they are forced to go back to vulnerable situations, including being homeless," English said.

Hope McIntyre, artistic director of Winnipeg's FemFest, believes poverty and a lack of female role models in traditional industries and leadership positions are also factors.

"And then there's the reality women still only earn 75 cents for every dollar a man earns," McIntyre said. "How we are still so far behind on this is beyond me."



—NISSAN—

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PROVINCIAL POLITICS

## Minister alleges lewd comment

A Manitoba cabinet minister says she was told to take her pants off in the middle of question period by a male NDP opponent, but the NDP are denying the accusation.

Rochelle Squires, the minister for sport, culture and heritage, filed a complaint Thursday with the legislature Speaker over opposition heckling in the chamber a week earlier.

She said that at one point, New Democrat member Rob Altemeyer told her "take your pants off," as she fielded a question from another NDP member.

Altemeyer denied the allegation and produced an audio recording of the debate.

"My words were 'take a pass on it,'" Altemeyer said. "My words were referring to this premier and his inability to answer important questions."

The comments were not captured by the official transcript of legislature proceedings and are hard to make out on the audio recording. Altemeyer's voice is faint, in the background and away from live microphones.

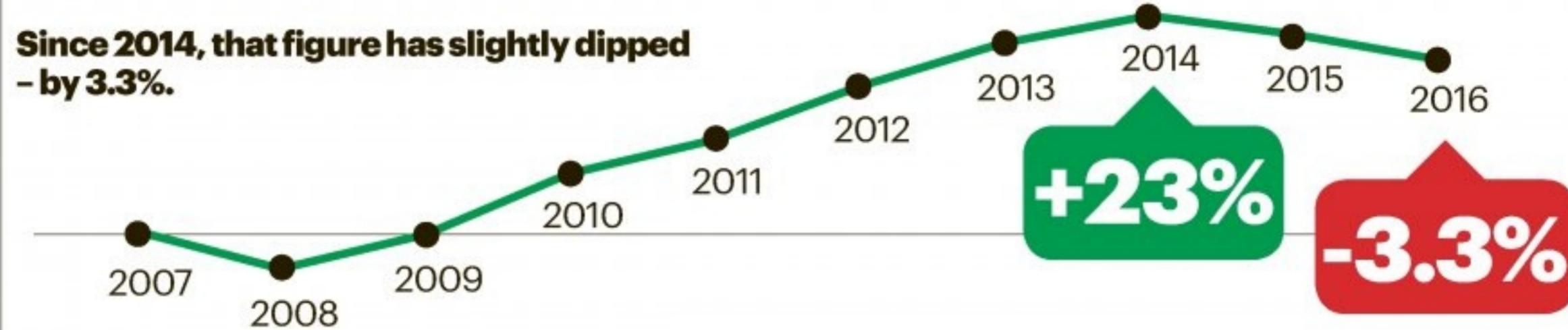
The remark came as New Democrat Nahanni Fontaine tried to ask Conservative Premier Brian Pallister a question about appointments to government boards and agencies. Pallister did not field the question — Squires stood up instead.

Speaker Myrna Driedger said she will consider the complaint from Squires and rule at a later date, and ordered the politicians not to discuss the matter until it is resolved. THE CANADIAN PRESS

## BY THE NUMBERS | Spring commuter cycling since 2007

**Between 2007 and 2014, spring commuter cycling increased by 23%**

**Since 2014, that figure has slightly dipped — by 3.3%.**



# Cyclist numbers fall flat

TRANSPORTATION

## Commuters on decline since 2014 high point: Expert



**Braeden Jones**  
Metro | Winnipeg

It's hard to say how many people bike in Winnipeg, but Jeremy Hull probably has the best guess.

"I have it at 12,600 on a typical spring day... probably at peak time," said Hull, who prepares a report for Bike Winnipeg based on citywide traffic counts each year.

Direct observation from 64

counts at 41 locations last spring gave Hull that number, and 679 previous counts at 118 locations since 2007 give him an idea of whether that number is trending up — or if it marks a decline.

He figures commuter cycling increased by around 23 per cent between 2007 and 2014, but has dropped off a bit since.

Although Hull is reluctant to speculate why people might bike more or less on a given year, up-ticks are associated with "shiny new infrastructure," and commuter levels "flatten out" when there's less being built for cyclists.

"I don't think there's much doubt about that," Hull said.

At locations where bike lanes or paths were completed, bicycle counts increased by 60 per cent, and in regions with few changes to encourage cycling, "there was little change in bicycle counts," the report states.

Hull explained that the seven-year climb before 2014 went along with the population hike, but also the completion of the Assiniboine Avenue protected lane.

"It was a big hit, people really started going there," he said. "Then it peaked and declined slightly... but there was con-

**“It peaked and declined slightly, but there was construction going on along there.” Jeremy Hull**

struction going on along there that might have had an effect."

Infrastructure built with federal funding between 2009 and 2011 helped increase cycling numbers, but lately "there hasn't been a lot of new snazzy stuff" for cyclists, so the numbers are flat again, Hull said.

He also tracks how many people ride bikes on the sidewalk, road, or bike paths where they are available.

His report concludes "there has been a major shift in bicycle traffic from sidewalks and roads to bike lanes and multi-user paths," except on major arteries, bridges and underpasses where cyclists choose the sidewalk — presumably for fear of being injured competing with traffic.

Hull has shared his numbers with city administration annually

## BY THE NUMBERS

**12,100**

In downtown Winnipeg, the average daily number of cyclists travelling during a weekend in May or June is estimated to be 12,100.

**48%**

About 48 per cent of the total number of Winnipeg commuter cyclists are downtown commuters.

with hopes that it helps inform council on important infrastructure decisions.

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# If Albertan cities do it, so can we

TRANSIT

## Coun. Lukes pushes issue of biking grids downtown

**Braeden Jones**  
Metro | Winnipeg

The idea of putting bike lanes in the fast lane in Winnipeg is gaining momentum.

Spurred by Coun. Janice Lukes — who spent years as an active transportation advocate before taking a seat at the council table — quiet rumblings about our western neighbours' lead have turned into a louder conversation.

On Oct. 18, Lukes is hosting a public forum at the Millennium Library on the subject of "fast tracking a downtown cycling grid in Winnipeg."

Lukes explained the idea really took hold for her as she learned more about Calgary's protected

bike lane network — which doubled the percentage of Calgarians commuting to work by bike with a complete 6.5-kilometre network installed in 2015.

Earlier this month, councillors in Edmonton unanimously supported adding seven kilometres of temporary bike lanes to their downtown to pilot the idea and follow suit.

"I think we can totally do that," Lukes said. "Now is the time we should be looking at doing it."

To get the conversation going in an informed manner, she has invited experts from both of Alberta's minimum-grid-embracing cities to speak on a panel at next week's forum.

Tyler Golly and Ryan Martinson represented Stantec in leading bike infrastructure projects in Edmonton and Calgary, respectively.

Golly said the concept of a minimum grid of connected downtown bike paths is being actualized across North America, though not always fast-tracked.

"Some (cities) aren't rolling

it out in one fell swoop... many cities incrementally built a network downtown in their central cores," he said.

In Winnipeg, existing walking and cycling strategies show a grid-like system eventually materializing — but there's a chicken-or-egg conundrum that pushes the speed of that build-out down the budgetary ladder of priority.

Bike lanes increase cycling rates, but cycling rates dictate 'demand.'

Building a network fast, like Edmonton is doing, illustrates the immediate potential, Golly explained.

"The Edmonton approach is using low-cost, adaptable materials to prove-out the network and to be able to tweak it as it's operating," he said.

In Calgary, execution of a similar plan exemplified the 'if you build it, they will come' adage.

But Golly said no two cities are the same and there is no "copy, paste" approach that will work everywhere.

"A lot of it is based on where



Tyler Golly, left, and Ryan Martinson represented Stantec in leading bike infrastructure projects in Edmonton and Calgary, respectively. KEVIN TUONG / METRO

the community is at, where public opinion is. It's not such a simple thing," he said.

Edmonton, not unlike Winnipeg, was following a road renewal schedule and adding lanes during construction incrementally.

"We had a very small budget and were trying to cobble together a network, and that became disjointed for us... it led to a lot of backlash, and a refocusing and investment that allows it to happen (fast-tracked)," Golly said.

He added that community advocacy groups, post-secondary institutions and the private sector being behind the plan was also "critical."

"It provided a lot of strength and support for city council to put behind the bike grid," he said.

So the recipe to fast-tracking a minimum grid is a plan, advocacy, political will, public support and "folks from all different backgrounds and perspectives

coming together for a common cause," Golly said.

Winnipeg could be close. Local bike advocates Bike Winnipeg support a minimum-grid wholeheartedly. There are just a few pieces of the puzzle missing, namely a groundswell of support amongst Winnipeggers and in city hall.

Depending on what people think after Lukes' forum, that may change — and then Winnipeg might, too.

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# 25 years of cinema

FESTIVAL BESTS

## Fête for French film returns

 **Jessica Botelho-Urbanski**  
For Metro | Winnipeg

The oldest and largest French film festival in Western Canada is celebrating its 25th anniversary and boasting a digital playbill framed for the future.

Cinémental runs until Oct. 23, with screenings over two weekends at the Centre Culturel Franco-Manitobain and Silver City St. Vital.

A new app the festival created for its silver anniversary details all the films scheduled, as well as Cinémental history and fun facts.

"The whole new app actually acts like a billfold on steroids. It has chances to win tickets, it has chances to read all of the history and it's interactive," said media coordinator Barney Morin.

"We took all the things that have been sort of dispersed and we put them all in one place so that everyone can know that 25 years of Cinémental has happened, and we know that we're

### + THREE TO SEE

#### **La guerre des tuques**

Saturday, Oct. 15, 1 p.m.  
at Centre Culturel Franco-Manitobain

If you haven't seen this French staple for kids, now's the time. Directed by André Melançon and released in 1984, the Quebec film follows a group of rabble-rousing kids who build an elaborate snow fort and start an all-out snowball war. An animated reboot of the movie is playing Oct. 22 at 1 p.m. at Silver City St. Vital.

#### **Les mauvaises herbes (Bad Seeds)**

Saturday, Oct. 15,  
7 p.m. at Centre Culturel  
Franco-Manitobain

A dramatic comedy directed by Louis Bélanger that follows

a city-slick actor (Gilles Renaud) who befriends a farmer (Alexis Martin) to escape the urban chaos. Followed by a Q&A session with the director. One of the festival's few films without subtitles.

#### **Elle**

Friday, Oct. 21, 9:30 p.m. at  
Silver City St. Vital

This thriller directed by Paul Verhoeven was an official Cannes festival pick in 2016. Elle stars Michèle (Isabelle Huppert) as a woman living alone, who's attacked by a presumed stalker at her home. She starts following the ski-masked man in hopes of figuring out who he is and getting her revenge.

going to continue and go for a long time still."

Morin said this year's fest has 20 full-length films scheduled and nearly all of them — except *La guerre des tuques*, *Nitro Rush* and *Mauvaises Herbes* — have English subtitles.

"It's rare for French film-

makers to get so much exposure outside Quebec, a feat that Morin is incredibly proud of.

"Where are you going to get 20 of the best French films out in the last year all in one place in Manitoba?" he said.

"Nowhere else but Cinémental."



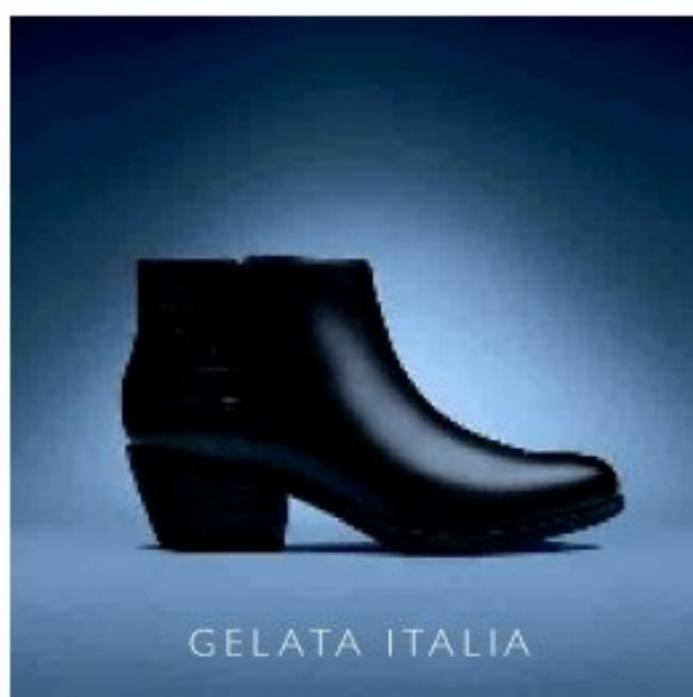
A still from *Les mauvaises herbes*, playing at Cinémental on Saturday. CONTRIBUTED



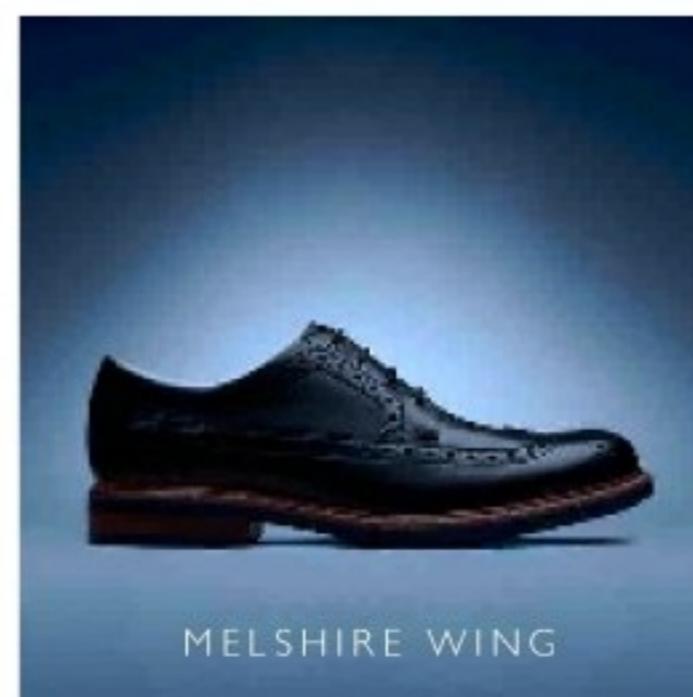
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# App unearths city's history

AUGMENTED REALITY

**More than 30 spots offer Pokémon Go-like experience**

**Braeden Jones**  
Metro | Winnipeg

A new made-in-Winnipeg augmented reality (AR) app allows users to peel back the layers of the city's history.

Tied to the 25th anniversary of the Cinémental film festival, the "Cinémental 25" app released Thursday is an engaging, location-based AR scavenger hunt with enough surprising Winnipeg lore that the developers got carried away just making it.

"We just started learning that there's all of these amazing things just below the surface," said Corey King, the project-lead for Winnipeg's ZenFri Inc, which developed the app with local start-up Bit Space.

More than 30 spots around



Cinémental25 App developer Corey King at the Esplanade Riel pedestrian bridge in Winnipeg on Thursday. LYLE STAFFORD/FOR METRO

Winnipeg — from museums and cathedrals to theatres and malls — have location-triggered interactive "posters" app-users engage through their

smartphones. It's like a less random Pokémon Go experience tied to the film festival and Winnipeg's history simultaneously.

Take for example an interactive location at Mon Ami Louis: upon discovery, the app informs users that the Esplanade Riel pedestrian bridge was

designed by Winnipeg architect Étienne Gaboury, who is responsible for 300 projects worldwide including the Royal Canadian Mint, the St. Boniface

Cathedral, and Centre Culturel Franco-Manitobain, which hosted Cinémental since 2008.

Gaboury has received the Orders of both Canada and Manitoba, won the Massey Award, a Heritage Canada award, an award from the American Institute of Architects, "and most people have no idea," King said.

At the St. Boniface Museum, the app will tell users the building is "the oldest building in Winnipeg," contains work of famed local artist Réal Bérard, who also designed the Louis Riel Bust near the museum's entrance and was the subject of a 1999 feature length documentary screened at Cinémental.

King said it's sort of a "very Winnipeg thing" to have world-class architecture and art that would be "world famous" if it were anywhere else, but "people who live here don't even really know about them."

The amount of research that went into interweaving the app elements with physical locations, the film festival and Winnipeg's history was far beyond the project's scope, but King said he just found it all too interesting to stop.

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# First-time home buyers worried



A recently-sold house on Wilhelm St. in Kitchener, Ont. WATERLOO REGION RECORD

## HOUSING

### New mortgage rules may limit those without big savings



**Jessica  
Botelho-Urbanski**  
For Metro | Winnipeg

Though Winnipeg's real estate market prices have remained stable for another quarter, young buyers are worried their chances at getting financing for their first homes will soon be in jeopardy.

Royal LePage released a national quarterly survey of home prices Thursday, which showed Winnipeg listing prices rose by about 2.3 per cent from July through September — a stable increase compared to the national average of about 12 per cent.

But with new federal mortgaging rules active starting Monday, first-time buyers like Winnipeg's Hannah Clark, 26, and her partner, Octav Gilvit, 27, may get the short shrift.

Come Monday, Ottawa is expanding "stress tests" for mort-

gage applicants, meaning buyers need to prove they can afford the Bank of Canada's 4.64-per-cent interest rate on their home down payments, even if they've agreed to pay lower interest rates.

Clark and Gilvit could have bought a home in the fall, but decided to wait to buy in the spring once Clark is done school.

Now they're wondering if being patient and saving money might have backfired, since the federal government's financing rules could limit their buying options.

"(The new rules) are really rewarding the people who already have that kind of savings, but if you don't have the kind of savings to your name right now, especially when you're younger and you're kind of earlier in your career... it really limits your buying power," said Clark.

Royal LePage realtor Michael Froese said he's noticed some local buyers rushing to get their financing and offers in order be-

## + NUMBERS

### Crunching housing prices between July and September

**Up 2.3 per cent**

Aggregate price of a Winnipeg home now sits at \$291,426.

**Down five per cent**

Aggregate price of a Winnipeg condo now sits at \$212,067.

**Up 12 per cent**

Aggregate price of a home in Canada now sits at \$545,414.

fore Monday, in hopes of avoiding higher interest mandates.

Froese said the government's new policies may help slow the scorching real estate markets in Toronto and Vancouver, but for somewhere like Winnipeg where the market is already pretty stable, they may do more harm than good.

**When you're younger and you're kind of earlier in your career... it really limit your buying power.**

Hannah Clark



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## 5

**Taking it up a notch... on stilts**

Winnipeg NAFro Dance Productions and Artistic Director Casimiro Nhussi presents Milandy — The Sacred Trees at the Manitoba Theatre for Young People (MTYP) Friday, Saturday (8 p.m. both nights) and Sunday (2 p.m.). Dancers from this African contemporary company portray mystical trees that move, dance and chant — all on stilts. **Tickets are available online at [nafrodance.com](http://nafrodance.com) or for cash purchase on the day of the performance.**



COURTESY LEIF NORMAN



KEITH LEVIT PHOTOGRAPHY

**Making an impression**

The Winnipeg Symphony Orchestra (WSO) kicks off its Music of the Impressionists festival tonight at the Centennial Concert Hall. The festival runs until Oct. 23, and this weekend features Impressions of Paradise. The works include: Claude Debussy's La mer, Ibert's French-style saxophone concerto, and two symphonic works by Delius and Messiaen. **For tickets, check out [tickets.wso.mb.ca](http://tickets.wso.mb.ca) or contact the box office at 204-949-3999.**



TORSTAR NEWS SERVICE

**Dubbed the 'best comedian to see after a messy breakup'**

Check out funny lady Debra DiGiovanni at Rumor's Restaurant and Comedy Club Friday and Saturday night. For the third time in five years, DiGiovanni has won the Canadian Comedy Award for best female comic. Both early shows are sold out, but tickets are still available for the later shows on both nights. **Contact [rumorscomedyclub.com](http://rumorscomedyclub.com) for more info.**



COURTESY TRISTAN BRAND

**5 Into improv?**

If you like seeing funny people who have to think on their feet to crack you up, check out IF — otherwise known as the Winnipeg Improv Festival. The event runs Friday and Saturday with shows at the Gas Station Arts Centre and will feature some out-of-town and local improv actors, as well as a sketch ensemble of players. The improv ensembles will be directed by Randy Dixon (Seattle's Unexpected Productions) and the sketch ensemble will be directed by Kevin McDonald (The Kids in the Hall). Tickets are \$15 per show. **For more info contact [www.ticketweb.ca](http://www.ticketweb.ca).**

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## POLITICS

## French PM says world 'rejected' Trump

France's visiting prime minister plunged head-first Thursday into next month's U.S. presidential election, saying he supports Hillary Clinton over Donald Trump, while host Justin Trudeau was barely willing to get his feet wet.

Manuel Valls, who was on Parliament Hill for the first day of a two-day visit to Canada, offered an unequivocal take on the Nov. 8 election: Clinton is the preferred choice, he said.

U.S. President Barack Obama

was "elected by the world" and "Trump is rejected by the world," Valls said in French during a pre-dawn breakfast at France's embassy.

For Trudeau's part, the prime minister stepped only slightly beyond where he has been for months on the matter of Trump — that he will seek to work with whomever the U.S. people choose as their president.

When asked about the allegations of sexual assault swirling around the Republican nomi-

née, a stone-faced Trudeau — a self-avowed feminist — would only say that he "has stood clearly and strongly all my life around issues of sexual harassment."

"I don't need to make any further comment at this time," he told a joint news conference on Parliament Hill.

Valls also revealed Thursday that he expects the Canadian prime minister to be in Brussels on Oct. 27 to sign the Canada-EU free trade deal, an agree-

ment for which Trudeau expressed equally strong support.

Europe's failure to sign the agreement would send a strong signal in a post-Brexit world, Trudeau noted.

"If Europe cannot manage to sign this agreement, that sends a very clear message not only to Europeans but to the whole world that Europe is choosing a path that is not productive either for its citizens or for the world," he said.

THE CANADIAN PRESS



**Vehicles travel through a roundabout in Halifax. Studies have shown that roundabouts are safer than traditional stop sign or signal-controlled intersections.** THE CANADIAN PRESS

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## Roundabouts gain ground in Canada

## TRAFFIC

**Design reduces conflicts to eight from 32, expert says**

They evoke some of the world's most impressive crossroads — the Place de l'Etoile in Paris, Manhattan's Columbus Circle — and have a remarkable capacity to calm traffic and ease accidents.

But, as the roundabout becomes increasingly common in Canada, they can also evoke a certain panic: Confused motorists have been known to go the wrong way, fail to yield, or try to back up in them.

"We've observed all sorts of behaviours," said Keith Boddy, a roundabout specialist with the Transportation Association of Canada.

**400**

The estimated number of roundabouts across Canada.

A typical intersection creates about 32 plausible vehicle conflicts with other drivers, pedestrians and cyclists, said Ed Miska, executive director of engineering services for B.C.'s Ministry of Transportation and Infrastructure. Roundabouts reduce that to eight conflicts, even if people still find innovative ways of getting them wrong.

Boddy estimates there are now about 400 roundabouts across the country, as Canada and the U.S. slowly catch up to a roadway design that has been widespread in the United Kingdom and France for decades.

Quebec has built around 100 of them since the late 1990s. The Waterloo Region in Ontario has about 25 and there are 33 in B.C.'s provincial highway network. Halifax has installed several in recent years, and is adding more.

THE CANADIAN PRESS

## HUMANE SOCIETIES

## Individual donors take up slack in funding

The agencies that look after animal welfare in Canada say they are being kept cooped up by a lack of government support — forcing individual donors to take up the slack.

A new report from the Canadian Federation of Humane Societies says 45 per cent of the \$187.8 million in revenue collected by member agencies in 2014 came from donations — with 85 of those donations

coming from individuals.

The report says that while more than 40 per cent of humane societies and SPCAs are empowered to enforce provincial and federal animal protection and cruelty legislation, less than half their costs are covered by governments. Of that, two-thirds comes from municipalities, with the federal government contributing just one per cent. THE CANADIAN PRESS

# 'A complete human rights travesty'

CHINA

## Political prisoner's family fighting for his freedom

**David P. Ball**  
Metro | Vancouver

On a quiet, 15-acre farm in Port Coquitlam, B.C., 35 km east of Vancouver, Wang Jin Huan looked out her window across the Pitt River.

Holding a framed family photo in her hands, the 73-year-old wiped her eyes with a crumpled tissue when asked about her younger brother, imprisoned in China's Shaoguan prison almost 10,000 km away.

"Every day, we think of how to get him out," Jin Huan told Metro in her home. "He didn't do any bad things. He just wanted China to be good and talked about human rights."

Wang Bingzhang, now 69, twice braved his country's ban on unauthorized political activities, publicly starting two pro-



Wang Jin Huan, 73, holds a family portrait. In the picture is her brother Wang Bingzhang, who is serving a life sentence in a Chinese prison. JENNIFER GAUTHIER/METRO



Ti-Anna Wang has taken her father's case before the Canadian and U.S. governments hoping to spur his release. CONTRIBUTED

democracy opposition parties — under a regime notorious for its widespread use of torture, disappearances and mass executions, according to Amnesty International.

Despite Bingzhang being denied visitors for four years, one thing Jin Huan does know for certain: her brother spends much of his time thinking about his family, scattered across Canada but united in their crusade

to get the Canadian government to take up his case.

Jin Huan smiled proudly as she showed a photograph of Bingzhang's daughter in Montreal.

"She was born in 1989, after the Tiananmen Square (massacre)," Ji Huan said. "So her name is Ti-Anna, for Tiananman."

Ti-Anna has spearheaded the family's fight, maintaining a

website on his case and meeting with Canadian and U.S. officials.

She was 13 when her father disappeared in Vietnam, only to resurface in Chinese prison facing what human rights organizations allege were politically motivated charges of spying and terrorism.

Global Affairs Canada said his case "is of serious concern," though noting he's a Chinese not Canadian citizen. In an

email, spokeswoman Kristine Racicot said Canada "has raised the case repeatedly with the Government of China," most recently during Prime Minister Justin Trudeau's Chinese visit last month.

The government also backed a recent United Nations call for China to "release immediately and without conditions all political prisoners," she added.

"Obviously, we want a bigger

commitment — for them to be more vocal," Ti-Anna said. "But this is huge progress compared to the previous government."

Amnesty International Canada's secretary-general told Metro that Bingzhang's case "is a complete human rights travesty."

"There's not a shred of evidence that gives any support to China's allegation," Alex Neve said in a phone interview. "Everything has been so unbelievably secretive about his case."

"Instead, we have a man who has been locked up cruelly, in harsh conditions of solitary confinement ... for 14 years."

He argued the human rights situation in China "remains dire, and if anything in recent years has deteriorated."

"Human rights organizations, human rights defenders and human rights lawyers are increasingly coming under siege," Neve said. "They're being arrested, a number have even disappeared in police custody ... It's a very worrying sign."

"It is increasingly clear that China is less and less concerned or interested in what the rest of the world thinks about human rights issues."

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For more information about tick-borne diseases, including symptoms and prevention tips, visit our website at [www.manitoba.ca/health/publichealth/cdc/tickborne](http://www.manitoba.ca/health/publichealth/cdc/tickborne)

**Manitoba**

# Relief enters new phase

**NATURAL DISASTER**

## Food, clean water begin to reach isolated communities

An international relief effort for victims of Hurricane Matthew entered a more advanced stage Thursday as a second U.S. military ship arrived off Haiti's coast and UN convoys and non-government organizations began reaching more isolated communities.

Food, clean water and construction materials have begun pouring into the southwestern peninsula, though many people there still say they've seen little or no aid.

Those working to send everything from water purification systems to building materials say the scope of the damage from Matthew and the difficulty reaching people create logistical challenges similar to those faced after the devastating earthquake that struck the capital and surrounding areas in January 2010.

The Haitian government says more than 1.4 million people



Sacks of rice are loaded onto a truck after being delivered by a U.S. military helicopter, in the mountain village of Beaumont, near Jeremie, Haiti, Thursday. THE ASSOCIATED PRESS

urgently need humanitarian assistance. The official death toll is 473, though local officials have reported figures suggesting it will eventually be higher, and the homes of more than 120,000 families were damaged or destroyed. Many people across the ruggedly scenic peninsula have

**I'm looking at my life and I don't know what to do.**

Watson Hypolite

watched passing aid trucks in growing frustration.

"I'm looking at my life and I don't know what to do. It seems like somebody is getting help but it is not us," said Watson Hypolite, a 66-year-old in the badly-hit Grande Anse district of Beaumont.

But amid the challenges, the relief effort has risen visibly in recent days. Teams from the Haitian Red Cross and Civil Protection agency have fanned out across the peninsula and large convoys from the UN and the migration agency are seen more throughout the disaster zone. On Wednesday, the U.S. military made 13 helicopter flights to hard-to-reach areas with 159 metric tons of food supplies, the U.S. Agency for International Development said.

On Thursday, USAID announced more than \$12 million in additional humanitarian assistance to aid hurricane-stricken communities. David Harden, head of humanitarian assistance for the U.S. agency, said the package of short-term relief for Haiti includes \$7 million for food and \$3 million for emergency relief supplies. USAID will also ship in 38 metric tons of chlorine to help provide clean water, a critical issue to fight a spike of cholera.

Harden said the U.S. is also looking into long-term assistance in co-ordination with the Haitian government.

THE ASSOCIATED PRESS

## BERMUDA Resort island in recovery

Hurricane Nicole roared across Bermuda on Thursday, pummeling the resort island with winds up to 115 mph that snapped trees and peeled off roofs before the storm spun away into open water.

The Category 3 system also flooded homes, damaged boats that broke away from their moorings and knocked out power to more than 27,000 customers who live in the British territory, which is accustomed to heavy weather.

By late Thursday afternoon, crews were clearing roads, and many islanders were posting pictures of calmer seas.

"Nicole is now racing away," said James Dodgson, deputy director at the Bermuda Weather Service. "There's been a bit of sunshine trying to poke through." Forecasters expected to cancel a tropical storm warning later in the evening.

Cleanup efforts were expected to continue until early Friday, and the island's airport planned to reopen by then. Schools would remain closed until Monday.

THE ASSOCIATED PRESS

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# Yemen: A country at war

## CONFLICT

## U.S. Navy says it has destroyed three Houthi radar sites

By firing missiles into Yemen, the United States likely will be further entangled in a stalemate war in the Arab world's poorest country, a conflict it has sought to extract itself from. But who exactly is fighting in Yemen and what does the U.S. have to do with it?

### 1 THE BEGINNING OF WAR

Yemen, on the southern edge of the Arabian Peninsula, has been in the midst of a civil war since September 2014. That's when Shiite rebels, known as Houthis, swept into the capital of Sanaa and overthrew the country's government. Houthi allies include forces loyal to Yemen's former President Ali Abdullah Saleh and have the backing of Shiite power Iran. In March 2015, a Saudi-led coalition of Arab countries



**Tribesmen loyal to Houthi rebels** hold their weapons on Oct. 2, as they chant slogans during a gathering to mobilize more fighters into battlefronts in Yemeni cities. THE ASSOCIATED PRESS FILE

began a military campaign against the Houthi forces, saying its mission served in part as a counterbalance to Iran's influence.

### 2 A STALLED OFFENSIVE

Since launching its campaign, the Saudi-led coalition retook the port city of Aden and lands in southern Yemen. However, Sanaa and the Houthi heartland of northern Yemen remain held by the rebels. A ground offensive to retake the capital, which likely would involve street-

by-street fighting and heavy casualties, appears unlikely. Instead, the Saudi-led campaign has relied on airstrikes. However, a UN report said coalition airstrikes were responsible for 60 percent of civilian deaths over a yearlong span starting in July 2015.

### 3 AN INCREASINGLY WARY U.S.

After the Sept. 11, 2001, terror attacks, the U.S. launched drone strikes against suspected al-Qaida militant targets in the country from a local

military base and provided Yemen with hundreds of millions of dollars in security assistance. American troops were evacuated from Yemen amid the latest Houthi push, but airstrikes targeting al-Qaida have continued. U.S. forces offered targeting guidance to the Saudi-led coalition and logistical assistance at the beginning of their campaign.

### 4 EXCHANGING MISSILE FIRE

The USS Mason, an American destroyer, has come under missile fire twice in recent days in the Red Sea from Houthi-held territory in Yemen, according to the U.S. Navy. In response, the Navy said it fired Tomahawk missiles at three coastal radar sites held by the Houthis — the first direct American attack in the war. The U.S. also says the missiles fired by the Houthis appear to be Iranian. While Iran denies arming the Houthis, the Navy says it has intercepted boats carrying Iranian weapons likely heading for Yemen. THE ASSOCIATED PRESS

## SYRIA

## 65 dead in Aleppo over three days: Activists

Overnight shelling and over a dozen airstrikes on rebel-held parts of the Syrian city of Aleppo killed at least 11 people, bringing the death toll over the last three days in the embattled city to at least 65, activists said Thursday.

Meanwhile, rebel shelling of government-held areas in the divided city killed two girls at a school. The airstrikes came a day after an air raid hit eastern Aleppo's biggest market, killing at least 15 people and leveling buildings.

Aleppo's unabating violence has given additional urgency to the upcoming meeting between Russian Foreign Minister Sergey Lavrov and U.S. Secretary of State John Kerry on efforts to find a peace deal in Syria in Switzerland on Saturday.

It will be the first face-to-face contact between the two men since Washington broke off bilateral diplomatic contact with Moscow on Syria over the violence in Aleppo earlier this month.

THE ASSOCIATED PRESS

## UNITED NATIONS

## Guterres promises 'diplomacy for peace'



Antonio Guterres AP

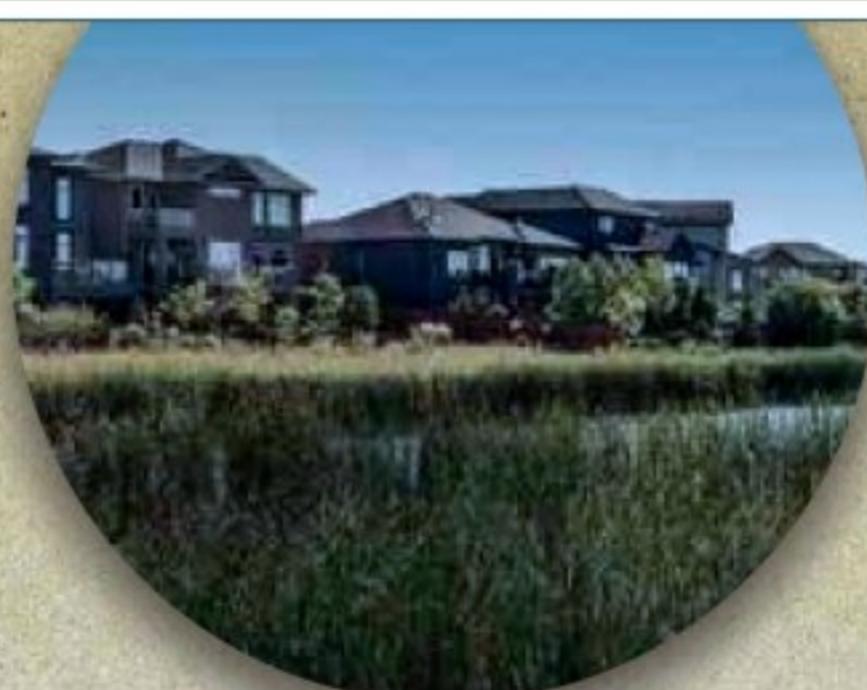
Antonio Guterres pledged Thursday to make the pursuit of peace in a conflict-torn world his "overarching priority" after being elected the next secretary-general of the United Nations. The former UN refugee chief told the members of the UN General Assembly that he will be promoting a new "diplomacy for peace" advocating dialogue. THE ASSOCIATED PRESS

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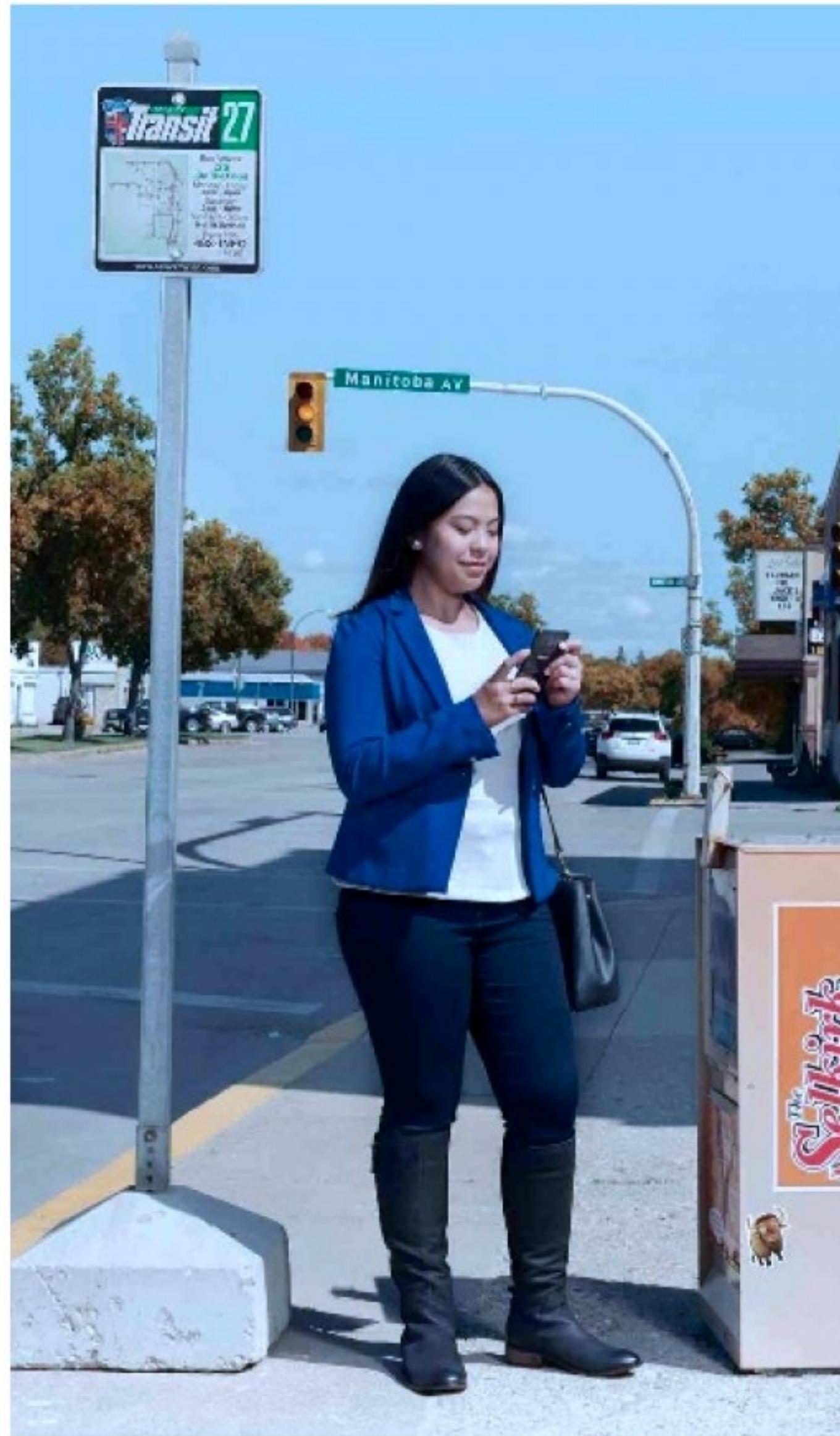
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## MORTGAGES

**Impact of rules 'impossible to say' — Minister**

Finance Minister Bill Morneau says it's "impossible to say with absolute clarity" what the impacts of new mortgage rules introduced by Ottawa earlier this month will be.

"What we expect will happen is that as people look towards taking on a mortgage, they will do what most people are already doing and ensure that they take on a mortgage that's appropriate

for their situation," Morneau told reporters in Toronto Thursday.

"And if it contributes to them looking more carefully at whether the mortgage is the right size for them ... that'll be a positive for their family and a positive for the economy."

The federal government announced a series of changes aimed at stabilizing the country's hous-

ing markets, including tightening mortgage rules that will put new limits on how much some buyers can borrow.

The new rules mean that as of Oct. 17, all insured mortgages will have to undergo a stress test to make sure borrowers will still be able to make their payments even if interest rates go up in the future. THE CANADIAN PRESS

**Robo-advisers will aid young investors**

## PERSONAL FINANCE

**Digital service ideal for a specific savings goal: Expert**

Like a lot of young people who want to start saving for the future, Rachel Jackson is interested in using a robo-adviser — even if she's not entirely sure how such digital investment services work.

For the 27-year-old office administrator, robo-advisers sound appealing because they're advertised as offering professionally managed portfolio advice at a relatively low cost. ISTOCK

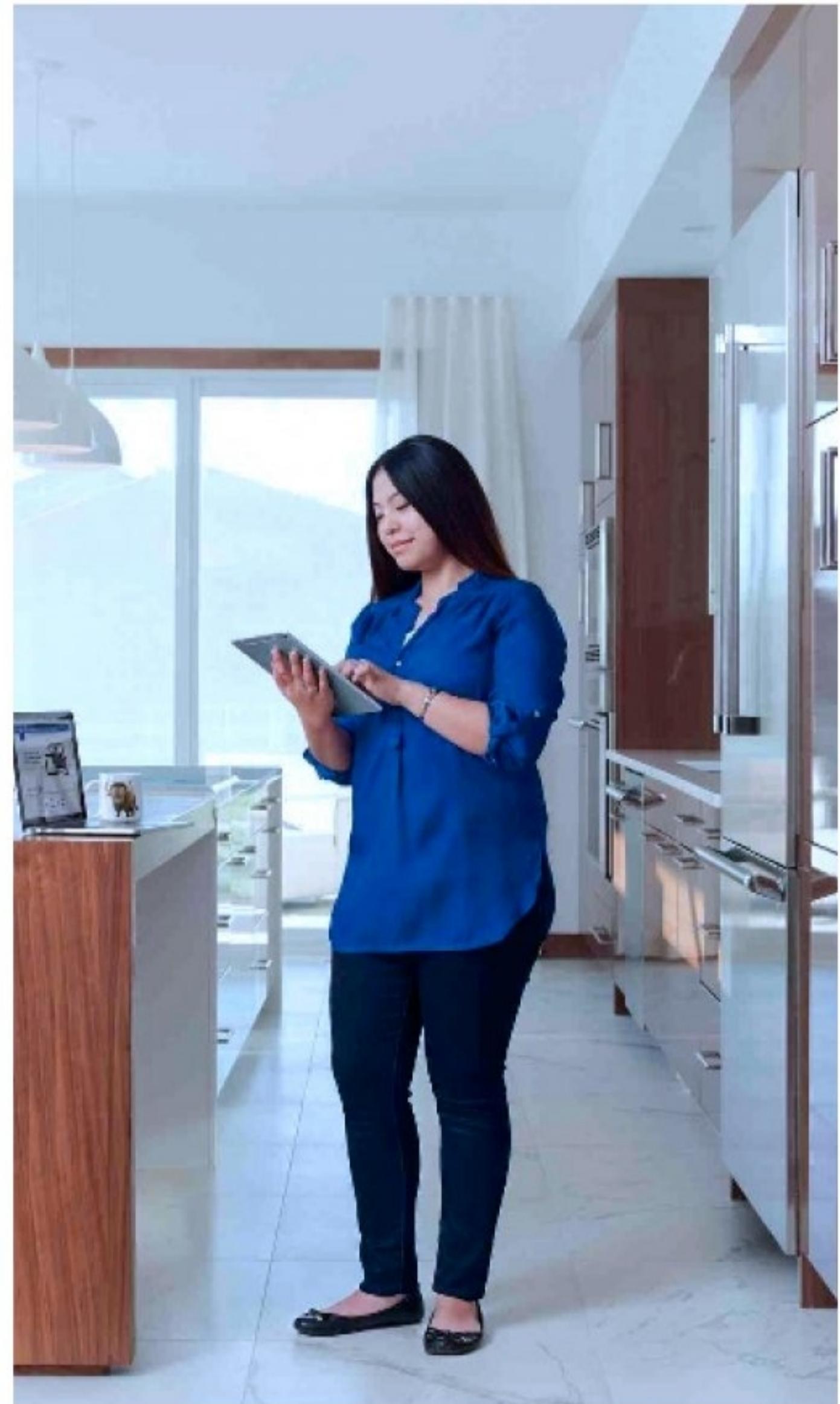
folio management for a specific savings goal and don't need to get into the more personal aspects of wealth management such as taxes and retirement or estate planning.

To set up an account, robo-advisers ask a series of online questions to determine one's savings goal and risk tolerance before creating a diversified portfolio using an appropriate mix of low-cost equity and bond exchange-traded funds (ETFs). "The management fee for the robo-advisers charge tends to be around the half per cent range," says Heath.

Robo-advisers are also ideal for people who are attracted to ETF investing but don't feel comfortable using a discount brokerage on their own, says Dan Bortolotti, an investment adviser with PWL Capital. As for how much investment money you need to open a robo-adviser account, some services such as Wealthsimple have no account minimums and charge no portfolio management fees on the first \$5,000 invested.

"Think about someone who is 18 and maybe they're saving some money and they've got this little TFSA or RRSP with free investment management," says Heath. "That's pretty awesome."

THE CANADIAN PRESS

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# metro SCIENCE

Your essential daily news

Nature's superheroes, naked mole rats, have poorly functioning pain receptors that make them nearly impervious to trauma



DECODED by Genna Buck and Andrés Plana

## WHY ARE THE LEAVES CHANGING LATE?

Do boring fall bike rides have you feeling green with envy over parts of Canada where brilliant colours have begun? Every autumn, shortening days set off a series of genetic changes in trees. A build-up of cells at the base of leaves cuts off the flow of nutrients: That's part of it. But many other factors determine when and how the leaves change. **York University plant biologist Dawn Bazely explains.**

**FALL COLOURS 101**  
Deciduous trees (which lose their leaves in fall), make several different types of pigments. Carotenoids produce yellow and orange hues, while anthocyanins are reddish and sometimes blue. Green leaves get their colour from chlorophyll, which plants use to capture the sun's energy and turn it into sugars (a.k.a. plant food), in a process called photosynthesis. All these pigments assist and support photosynthesis, Bazely said, and they're all present in the summer. We just don't see them, because they're crowded out by the plentiful, green chlorophyll.

**DAYTIME SUN**  
Bright sunlight causes chlorophyll to decompose, Bazely explained. But sunlight also triggers the production of red anthocyanins, which help protect the leaves from sun damage. So a sunny autumn causes more red, and a cloudy one more yellow.

**DAY LENGTH**  
The decrease in the photoperiod (the length of the day) tells leaves when it's time to change. Short days signal bright green, chlorophyll-containing structures called chloroplasts to turn into gerontoplasts — geriatric chloroplasts that don't do photosynthesis anymore.

**COLD NIGHTS**  
"Chlorophyll requires sunlight and warm temperatures," Bazely said. "During summer chlorophyll is constantly breaking down and being remade, but cold causes chlorophyll production to stop. If there's carotene in there, the leaf will turn bright yellow." If nights are warm, as in Ontario, leaves stay green longer.

**DROUGHT**  
Trees tend to get by OK even in severely dry weather, thanks to deep roots, Bazely said. But under extreme drought stress, they might drop their leaves early.

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### BIRD FLU GOES VIRAL

A team including scientists from Guelph, Ont. has discovered the 2014-2015 global outbreak of H5N8 influenza was spread in part by migrating wild birds carrying the virus from poultry farms in South Korea.

### SOUND SMART



### DEFINITION

**Senescence** is the process of aging in cells. It happens when cells stop dividing, change their function, but haven't died (yet). **Cellular senescence** is what's going on in your cells while you're undergoing **organismal senescence** (a.k.a., getting old).

### USE IT IN A SENTENCE

Leaves changing colour in the fall is also called **autumn senescence**, because the cells stop growing and stop producing chlorophyll.

# metrowEEKEND

Your essential daily news

MOVIES MUSIC TELEVISION DIGITAL



This weekend Ben Affleck plays an accountant with autism and a violent side in *The Accountant*, which also stars Anna Kendrick. CONTRIBUTED

## Crooks with pocket protectors

### THE ACCOUNTANT

#### This dull profession still gets its time in the limelight

**Richard Crouse**  
For Metro Canada

Ben Affleck plays the title role in the thriller *The Accountant*.

"Like, a CPA accountant?" asks a Treasury Department worker. "Not quite," replies agent Ray King (J. K. Simmons) in what might be the understatement of the year.

Affleck is a pocket-protector-

wearing forensic accountant who "risks his life cooking the books for some of the scariest people on the planet: drug cartels, arms brokers, money launderers, assassins." A math genius with autism and a violent side, he survives his dangerous world through dual facilities for arithmetic and mayhem. "He's a very distinct and unusual character," Affleck told Entertainment Weekly. "A little bit different than your average, everyday person in the way he processes information and social thinking, and the way he sees numbers and logic, and that he's trapped a little bit in his own mind."

Affleck joins a long list of actors who have looked for loopholes, legal, financial and otherwise, on the big screen.

### MOVIE RATINGS by Richard Crouse

**The Accountant** ★★★★  
**American Honey** ★★  
**Christine** ★★★  
**Unless** ★★★

HOW RATING WORKS  
★★★★ SEE IT  
★★★ WORTHWHILE  
★★ UP TO YOU  
★ SKIP IT

The late, great Gene Wilder became a star playing bookkeeper Leo Bloom in *The Producers*. "I spend my life counting other people's money. People I'm smarter than." Bloom comes up with the get-rich-quick scheme to mount a terrible Broadway musical and make off with the investor's cash when the show flops. His plan falls apart when Springtime for Hitler becomes a hit but his business partner still

has good things to say. "You're an accountant," raves Max Bialystock. "You're in a noble profession! The word 'count' is part of your title!"

Rick Moranis played Louis Tully, an accountant possessed by an ancient spirit in *Ghostbusters*. Before he goes all supernatural Louis throws a bash to celebrate his fourth anniversary as an auditor at his swanky Central Park West apartment. "I'm givin' this

whole thing as a promotional expense," he says, "that's why I invited clients instead of friends."

The scene was shot in one continuous take with Moranis making his way through the party, improvising perfectly nerdy dialogue — "This is real smoked salmon from Nova Scotia, Canada, \$24.95 a pound! It only cost me \$14.12 after tax, though."

In *The Untouchables*, Charles Martin Smith plays Oscar Wallace, the bespectacled book balancer who puts together the tax evasion case against notorious mobster Al Capone. The character was largely based on Frank Wilson, the IRS Criminal Investigator who spent years keeping tabs on Capone's financial dealings before laying charges. A self-penned article on his exploits,

He Trapped Capone, inspired the 1949 Glenn Ford film *The Undercover Man*.

Cher initially turned down the Oscar-winning role of Loretta Castorini, the widowed accountant in *Moonstruck* who falls for a one-handed baker. Though exhausted from one of the busiest years of her career, she ultimately took the part. When *Moonstruck* was done she took a week off before shooting the courtroom drama *Suspect*.

Bloom, Tully, Wallace and Castorini are reel life bookkeepers, but in real life several actors almost chose figures over fame. Bob Newhart worked the ledger books for United States Gypsum and Eddie Izzard studied accountancy at the University of Sheffield.



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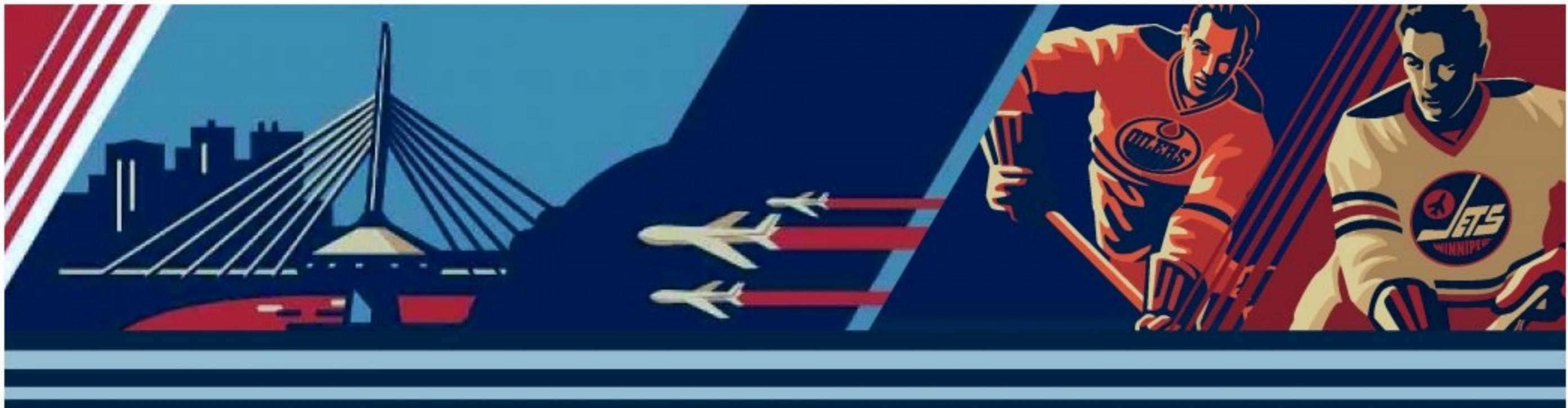
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# Blue Jay an offbeat depiction of romance

NETFLIX

## Low budget project takes creative risks to charm viewers

Writer and actor Mark Duplass had The People v. O.J. Simpson star Sarah Paulson on his mind for his whimsical drama Blue Jay, about two former high school sweethearts who are serendipitously reunited decades after graduation.

"I was really struck by how wonderfully silly, goofy and sweet she is as a person," Duplass said of the Emmy-winning actress, who he knew through friends.

"You watch her ... play Marcia Clark and you don't have that sense of what a loving, normal girl she is."

The unconventional black-and-white film, which is now available to rent on iTunes



**Actors Sarah Paulson and Mark Duplass are shown in a scene from the film Blue Jay, about former high school sweethearts who are serendipitously reunited decades after graduation. THE CANADIAN PRESS/HANDOUT, TIFF**

before hitting Netflix later in the year, focuses solely on the two lead characters. It's the kind of offbeat project Duplass lives for.

Despite starring in the HBO

series *Togetherness* and having a recurring role on *The Mindy Project*, Duplass has spent most of his career as writer, director and actor in independent films like *Cyrus*, *Jeff, Who Lives at Home* and *Creep*.

His company Duplass Brothers Productions, which he owns with sibling Jay, recently signed a four-picture deal with Netflix that hinges on an attractive proposi-

tion: the streaming giant hands over money for a low-budget project, but then gives Duplass the creative freedom to make his vision without any tinkering from executives.

Blue Jay is the first film of the batch. It's firmly entrenched in the spirit of 1990s indie filmmaking, a time when maverick directors gathered money from family and friends to fund

their stories.

"We would have these hour-long creative sessions where we'd talk about how to flesh out the storylines," Duplass said.

At the table, they'd discuss their own personal challenges before "thinly veiling some of those things so they weren't directly stolen."

Duplass would then write pages for the next day's shoot, giving himself and

## THE PROCESS

The entire film was shot in seven days from a 20-page outline drafted by the stars, director Alex Lehmann and three producers.

Paulson almost no time to memorize the scenes.

"It's by design so that when the lightning strikes while you're shooting, you can capture it," he said.

In the current Hollywood climate dominated by superheroes and blockbuster titles, Blue Jay is an anomaly in nearly every respect.

Small projects like this usually don't get made without major international star power.

Duplass is hopeful viewers will discover and appreciate the film's charm.

"We were questioning ... can we just play a two-character chamber piece in black and white and still be entertaining and relevant," he said. "We spent (time making) sure the movie plays nice, slow and organically, but also rewards the person for sticking around."

THE CANADIAN PRESS

**We spent (time making) sure the movie plays nice, slow and organically, but also rewards the person for sticking around.**

Mark Duplass



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# The man who steals subways

**OFF THE RAILS**

## A lifelong obsession with transit has serious effects

**Steve Gow**

For Metro Canada



You may think you love the subway as much as the next person, but you haven't met Darius McCollum yet.

The 51-year-old New Yorker was so enamored with city transit, he developed a lifelong obsession that led to stealing buses and trains in the simple desire to safely drive them to their appropriate destination.

"I love stories about imposters," admitted filmmaker Adam Irving, who captures McCollum's incredible passion for stealthily stealing transit in the acclaimed documentary *Off The Rails*.

"I'm very impressed and intrigued by people who can go their whole lives pretending to be someone else."

But as the film points out,

the root of McCollum's obsession also has a dark side. Afflicted by Asperger's syndrome, McCollum's motives originate from a form of autism that produces highly skilled (but narrow) interests in those affected.

"He had this amazing memory," recalled Irving, admitting McCollum was so familiar with the New York subway

system, he could name all 469 stations.

That childlike enthusiasm may have made him "less like a criminal" to Irving, but it hasn't stopped Manhattan's most reliable bus-jacker from having to pay a price for his actions.

In fact, his harmless preoccupation with pilfering public transportation led McCollum to spending nearly half his life in jail — surely a sort of crime in itself.

"It's not just about Darius, it's about this flawed system that needs to be fixed," insisted Irving.

"This is a real tragedy of a man with a passion who could have led a very fulfilling life (but) he just fell through the

cracks and had his whole life screwed and we need to do something about it."

While Irving hopes the film reveals the justice system's shortcomings in dealing with sufferers of mental health, the shocking truth is, Darius McCollum actually has no regrets about spending time in prison.

"Because of his Asperger's, Darius thrives on the routine," said Irving. "He feels very calm because he knows what's going to happen. Ironically, the only place where he's not at ease is as a free man trying to make it in the world — that's where he panics, steals a bus, gets arrested and goes back to jail where everything's OK."



**All those times when I was on the train thinking everything was fine, there was an imposter driving**

Filmmaker Adam Irving



Darius McCollum has stolen buses and trains in a simple desire to drive them safely from one destination to the next. McCollum has a form of Asperger's syndrome that produces highly skilled and extremely narrow interests in those affected. CONTRIBUTED

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# Role of vagabond comes naturally

AMERICAN HONEY

**Sasha Lane talks about her accidental acting break**

**Richard Crouse**  
For Metro Canada

These days Sasha Lane is waiting for her next big film role, but not so long ago the 21-year-old American Honey star was waiting tables at a Mexican restaurant in Texas.

After a talent scout told her, "You have a face for movies," she left the eatery to embark on what she calls "the biggest blessing of my life."

With acting on her mind she answered an ad looking for people who were "wild, physical, fearless and ready for adventure. No acting experience required."

Her natural charisma impressed British director Andrea Arnold, who cast her in the lead role of a two-hour-and-40-minute faux cinema vérité road movie that sees her play Star, an 18-year-old from a troubled home.

Her character's ticket out of the dysfunction she has grown up with is a travelling band of magazine sellers led by the charismatic Jake (Shia LaBeouf) and Krystal (Riley Keough).

For two months, Lane hit the highway, travelling the dusty back roads of the American Midwest shooting a movie that was part scripted, part improvisation.

"We got sides the day before and the day of," Lane says.

"The scenes between Krystal and me were more scripted. This is the word, these are the



Rookie actress Sasha Lane plays an 18-year-old from a troubled home, in *American Honey*. HANDOUT

lines. Some of the scenes where I'm in the van with the kids were more like, 'I need you to mention that. Get from point 'a' to point 'b.' Go with it. Fill it out a little bit.'

It was a process of discovery for the first-time actress as she learned about her character as the shoot wove its way across country.

"I didn't know much about my character or much about what was happening," Lane says, "but Andrea would say to me stuff like, 'Sasha, you're representing all the girls who go through this.'

"I was thinking, 'don't be scared. You get to do this and in a way it's what you've always wanted to do.' I was studying psychology and social work in college. This is an artistic way to do what I wanted to do.

"I was excited and very much nervous because I had never done it before and people were going to be watching it. I knew it was a movie but it didn't really hit me until I saw the trailer."

Life on the shoot was all encompassing — "You're in this

bubble," she says. "I didn't have outside thoughts" — but not always exciting. "There was a lot of sitting in parking lots," she laughs.

Nonetheless she threw herself at the role.

"I remember when there were times I would go to Andrea and be like, 'I can't f—ing tell what the difference is between my life in this movie and my real life.' It was insane."

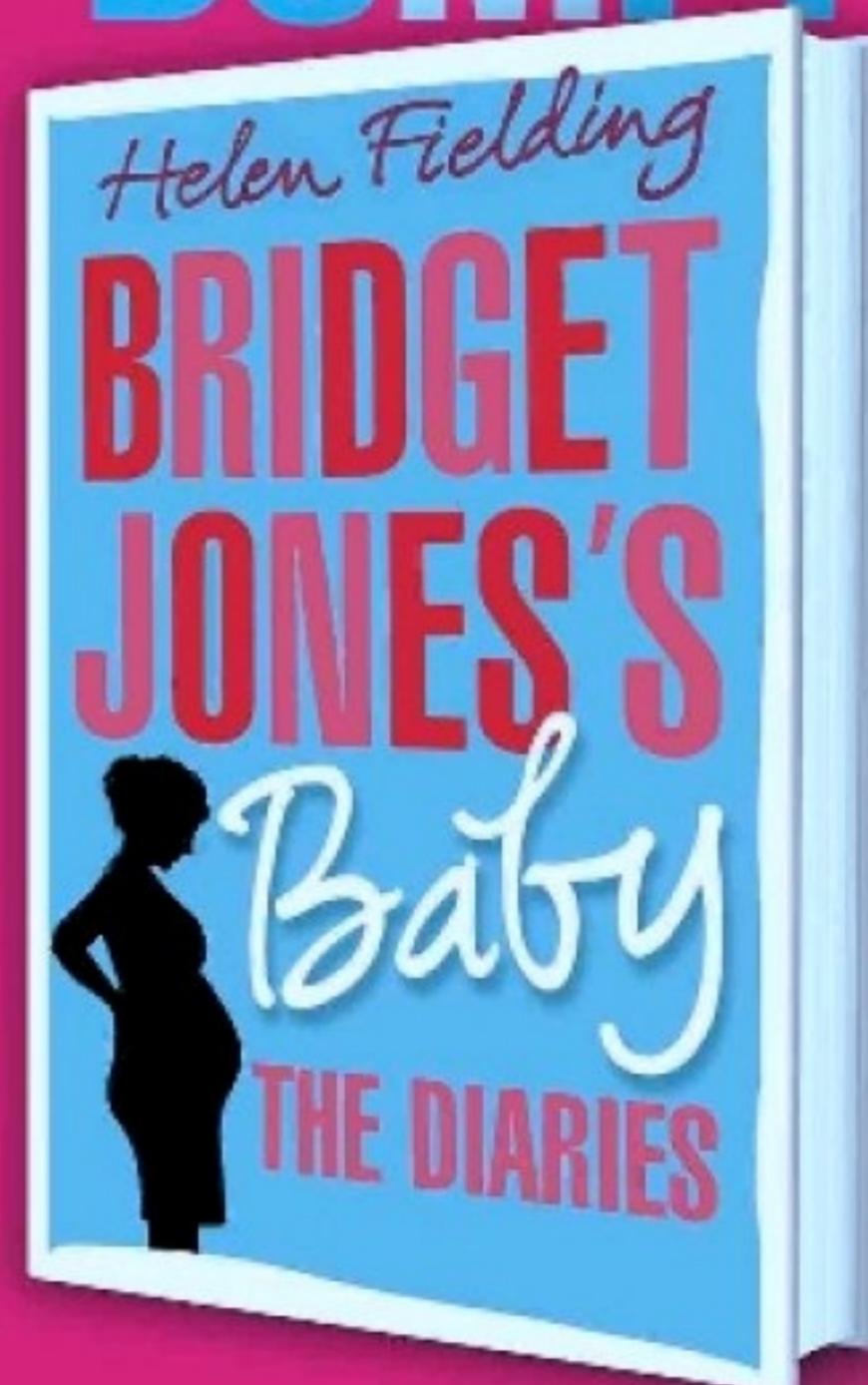
All the work paid off: "A Star is born," raved The Guardian — and she's now weighing multiple offers.

Rumours suggest she'll either star in Hunting Lila, based on the popular YA books by Sarah Alderson or Shoplifters of the World, a true-life drama about the night The Smiths announced they were calling it quits.

Wherever Lane lands it's certain the shoot will be much different from the singular American Honey shoot.

"I just did a short," she told me in September, "and I was like, 'Oh, I get to go back home?' Nothing is like this experience."

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The four-minute virtual reality experience of the Highway of Tears uses a 360 degree aerial view of the highway. CONTRIBUTED

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# Highway of Tears given new context

## IMAGINATIVE FESTIVAL

**Story captured in virtual reality sheds light on slain women**

**Kris Abel**  
For Metro Canada



It's known as the Highway of Tears, an empty stretch of road in Northern British Columbia where at least 18 women, mainly indigenous, have gone missing or have been murdered since the 1970s.

The locals put the number at 50 women and their frustration at the lack of progress by the RCMP has been shared nationally through the news.

"For the native folks around there, the Highway of Tears is ground zero for them," explains Lisa Jackson, an indigenous filmmaker who has been commissioned by the CBC's *The Current* to capture the story in virtual reality. "That's where they come from, that's where their communities are, and it's not an isolated stretch somewhere out beyond, it's the very centre where their ancestors have always been."

The four-minute experience will take you to the land and into the lives of those involved so you can see for yourself what it's like to live there.

"We were able to use aerial 360 video footage so you can look around from the sky above the highway" says Jackson, "and just see this gorgeous landscape and then you look down and there's

this ribbon of highway which most of the time has no cars on it. We weren't making it into a tourism video, but it is gorgeous, there's just no two ways about it; there's mountains, it's green, it's just stunning up there."

When you enter the home of Matilda Wilson, whose daughter Ramona is among the murdered, it's a chance not only to hear her story, but to look around in her personal space.

"I've been to a lot of homes up in this area, on reserves, they're kind of unique because they're just plastered with family photos in a way you don't see very often" says Jackson. "It was a fairly modest home and on every wall was not only photographs of all her large family, but also tributes to Elvis. It was just such a colourful space."

Through Matilda, we get to experience the night her daughter left for a party only to disappear. With virtual reality, Jackson says we can get "inside that experience of what it would be like to be that mother and the unknowing of it."

"Eventually she did find out the worst," Jackson confirms, "but just putting us in those shoes of how awful it would be to be in that situation and not know and sort of have the police say 'well, y'know, give it a couple of weeks, she'll probably come back.'"

The Highway of Tears VR will be featured in Toronto's *ImagineNATIVE* film & media arts festival from Oct. 19th – 23 and will also be used for a series of Town Hall discussions across the country that will air on CBC radio, starting in Prince George, B.C.



Filmmaker Lisa Jackson has made a four-minute virtual reality story on the Highway of Tears. CONTRIBUTED

# Cancer attacking Downie's memory

THE NATIONAL

## Hip frontman shares struggle in interview with Mansbridge

Tragically Hip frontman Gord Downie says his memory is fading as he battles terminal brain cancer.

Downie spoke with anchor Peter Mansbridge in an exclusive interview for CBC's *The National*, which was set to air Thursday night.

In a preview clip of the interview, Downie tells Mansbridge he "can't remember hardly anything."

He admits he had to write Peter on his hand so he wouldn't forget the name of the man interviewing him, whom he's known for 25 years.

Downie also says he's fighting his terminal illness, hoping he "can get more time."

When Mansbridge asks him if he's "resigned to the direction this is heading," he says, "Yes, I am. I really am."

Downie revealed his cancer earlier this year. Over the sum-



Gord Downie spoke with Peter Mansbridge in an exclusive interview for CBC's *The National* on Thursday night. He will release a new solo album next week called *Secret Path*. THE CANADIAN PRESS

mer, he and the Hip put on a 15-show tour that ended with a live broadcast concert that drew millions.

On Tuesday, Downie is set to release *Secret Path*, a new solo

album with an accompanying graphic novel inspired by the tragedy of Canada's residential school system.

He's also scheduled to perform at the National Arts Cen-

tre in Ottawa on Tuesday, and Roy Thomson Hall in Toronto on Oct. 21.

*Secret Path* tells the story of a 12-year-old First Nations boy in Ontario named Chanie Wenjack,

who died in 1966 after running away from the Cecilia Jeffrey Indian Residential School near Kenora, Ont.

An animated film on the story — accompanied by documen-

I have 'Peter' written on my hand. I have a few things written on my hands. And I say that just to be up front, because I might call you Doug

Gord Downie, talking to Peter Mansbridge about his memory loss

tary footage of Downie tracing Chanie's steps with the Wenjack family — will be broadcast on CBC on Oct. 23.

The interview marks the first time he's discussed his condition publicly.

Downie tells Mansbridge his memories used to be his "forte."

"And now I can't remember hardly anything. I have 'Peter' written on my hand. I have a few things written on my hands. And I say that just to be up front, because I might call you Doug."

THE CANADIAN PRESS

NOBEL PRIZE

## Not everyone happy for Dylan



Bob Dylan AP FILE

Singer-songwriter Bob Dylan won the 2016 Nobel Prize in literature on Thursday, a stunning announcement that for the first time bestowed the prestigious award on a musician for "having created new poetic expressions within the great American song tradition."

Reporters and others who gathered at the Swedish Academy's headquarters in Stockholm's Old Town reacted with a loud cheer as his name was read out.

Dylan, 75, is the most iconic poet-musician of his generation. Songs such as *Blowin' in the Wind* and *The Times They Are A-Changin'* became anthems for the U.S. anti-war and civil rights movements of the 1960s. He is the first American winner of the Nobel literature prize since Toni Morrison in 1993.

Dylan's impact on popular culture was immense and his influence as a lyricist extends to every major music figure and songwriter of the last 50 years, from the Beatles to Bruce Springsteen, Bono, Ed Sheeran and beyond.

Generally described as a rock musician, Dylan has been influenced by numerous musical styles, including country, gospel, blues, folk, pop, and rhythm and blues. He pursued them all, sometimes separately and other times simultaneously, establish-

ing a towering influence.

But although he had been mentioned in Nobel speculation for years, many experts had ruled him out, thinking the academy wouldn't extend its more than a century-old award to the world of music.

They were wrong. The academy's permanent secretary, Sara Danius, said while Dylan performs his poetry in the form of songs, that's no different from the ancient Greeks, whose works were often performed to music.

"Bob Dylan writes poetry for the ear," she said. "But it's perfectly fine to read his works as poetry."

Danius said that a "great ma-

This is an ill-conceived nostalgia award wrenched from the rancid prostates of senile, gibbering hippies

Novelist Irvine Welsh

jority" on the 18-member Nobel panel voted for Dylan. She said her personal favourites among Dylan's songs include *Chimes of Freedom* and *Visions of Johanna*, and suggested that people unfamiliar with Dylan's music start by listening to his 1966 album *Blonde on Blonde*.

Writers, musicians and even heads of state commented on the Nobel academy's choice on Twitter. British author Salman Rushdie, whose name is often mentioned in the Nobel Literature Prize speculation, called Dylan "the brilliant inheritor of the bardic tradition. Great choice."

Scottish novelist Irvine Welsh was less impressed, however.

"I'm a Dylan fan, but this is an ill-conceived nostalgia award wrenched from the rancid prostates of senile, gibbering hippies," he tweeted. THE ASSOCIATED PRESS

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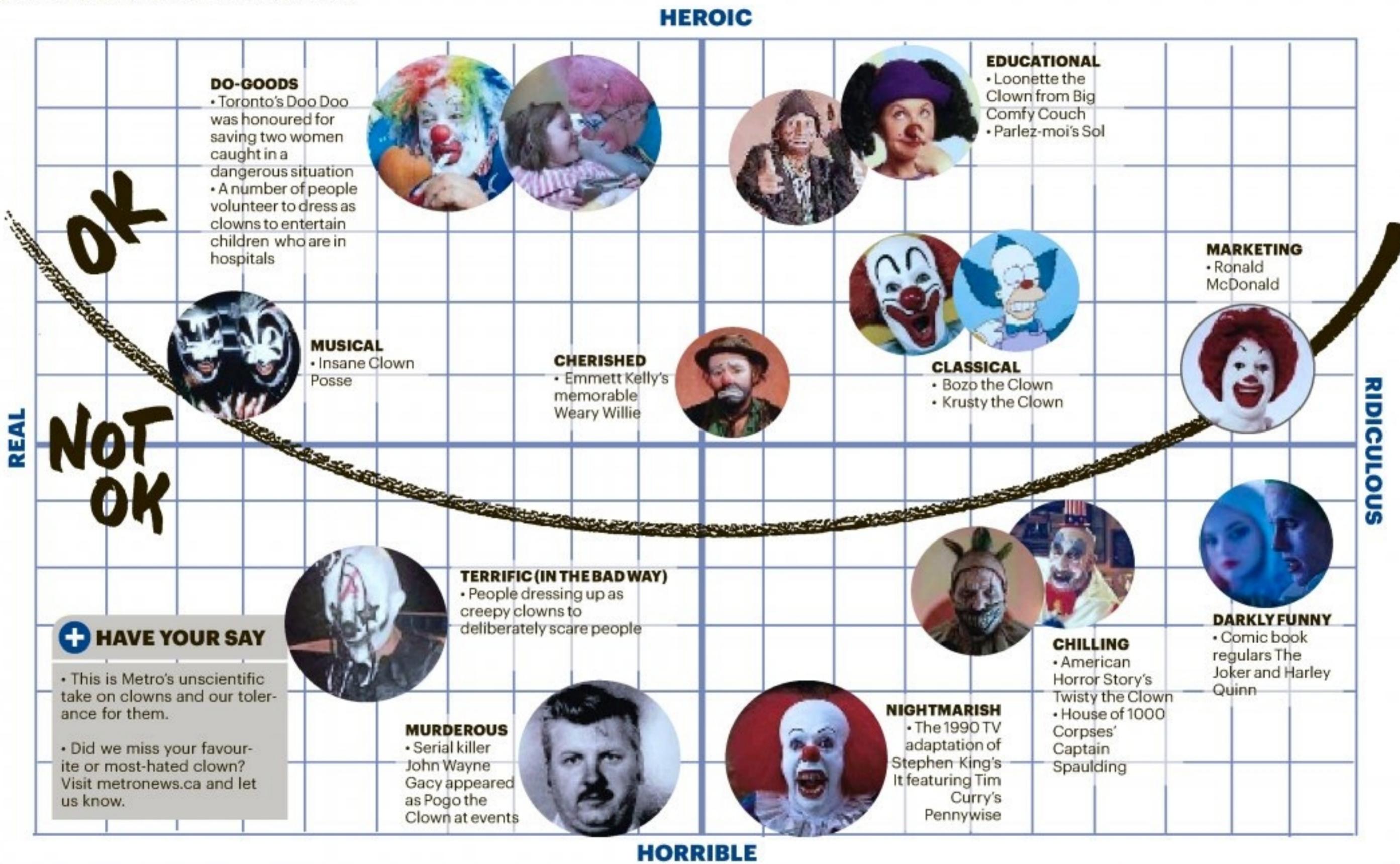
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# CHARTED KNOW YOUR CLOWNS

With their exaggerated smiles, noses and eyes, clowns hit the funny bone for some while triggering feelings of fear in others. Recent internet posts and out-of-the-circus clown sightings have sent schools into lockdowns, menaced neighbourhoods and placed those making their costumed-living entertaining others on the defensive. So — assuming recent clown sightings aren't a marketing ploy for the reboot of **Stephen King's It in Sept. 2017** — where does the tipping point exist between humour and horror? Metro decided to chart some famous and infamous, real and unreal, clowns to see where the line is drawn between promoter of joy and provocateur of terror. Send in the clowns. **METRO CANADA**



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## CIVIL RIGHTS

**Michael B. Jordan stars in race PSA**

A searing new public service announcement starring Michael B. Jordan, Danny Glover and Michael K. Williams takes on the issue of racial bias in police shootings with a simple message: "Black is not a weapon."

The four-minute, black-and-white PSA features the actors up against a wall to a soundscape of news reports, TV commentators and 911 calls about police encountering black men. At one point, the screen goes

dark to the sound of bullets. Also appearing are TV personalities Van Jones and Marc Lamont Hill, artists Sophia Dawson and Sydney G. James, and rapper Mysonne. It's called Against the Wall.

Musician and civil-rights activist Harry Belafonte, whose social justice organization, San-kofa, partnered with directors Gerard Bush and Christopher Renz to create the video, also narrates.

THE ASSOCIATED PRESS



Michael B. Jordan. GETTY IMAGES

**Jenner testifies at stalker trial**

## COURTS

**Model claims she has 'never been so scared in my life'**

Kendall Jenner testified Thursday at the trial of a man accused of stalking her that she was terrified when he followed her up the driveway of her Hollywood Hills home and repeatedly knocked on the window of her car.

The 20-year-old model and reality TV star used her hands to illustrate how she made frantic phone calls to friends after locking the doors and watching Shavaughn McKenzie until help arrived.

"I've never been so scared in my life," Jenner told the Los Angeles jury hearing the case against McKenzie.

Jenner also said she recognized

McKenzie as the same person who had accosted her twice while she was driving outside a condo she owned in Westwood.

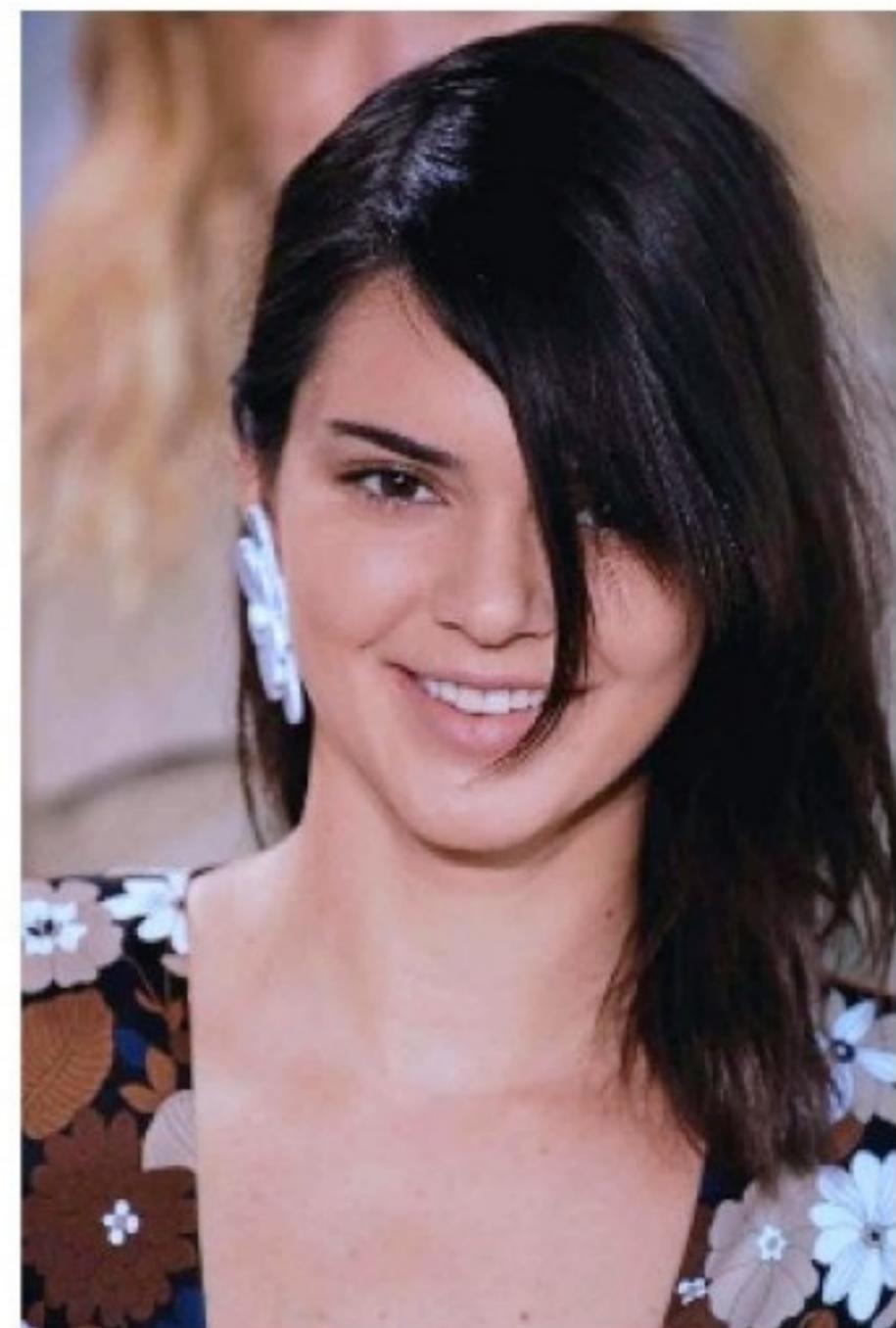
Jenner kept her composure through nearly an hour of testimony about McKenzie, 25, who was arrested in August outside her home and charged with misdemeanour stalking and trespassing.

He could face up to six months in jail if convicted of either charge.

McKenzie is a transient from Florida who has several trespassing convictions unrelated to Jenner. He stared at his lap or toward a wall on the opposite end of the courtroom throughout much of Jenner's testimony.

McKenzie's attorney Taylor Shramm told jurors during opening statements Wednesday that his client has a severe mental disorder and was unarmed and simply trying to talk to the model.

THE ASSOCIATED PRESS



At a trial on Thursday, Kendall Jenner testified that a man accused of stalking her followed her up the driveway of her home and knocked on her car window. THE ASSOCIATED PRESS

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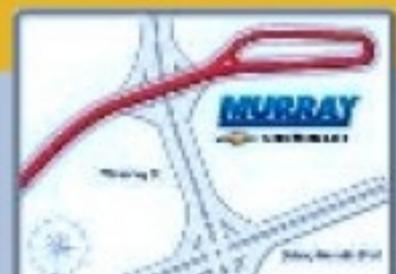
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Your essential daily news

Alaskan village starts campaign to keep tourists out so they don't spook away walruses

EUROPE

**This isn't your 19th-century composer's fancy-dress ball**

**Megan Haynes**  
For Metro Canada

When people think of Vienna, they think of grandiose buildings, philosophical talks in coffee shops, grand balls and classical music — but that's changing.

Vienna, named the most livable city in the world seven times by consulting firm Mercer, is attracting and retaining more youth than ever.

While once Austrian millennials flocked to Berlin, today they're staying put in Vienna and starting their businesses there as well, creating a welcoming place for the under-30 set. Case in point: While each January Vienna plays host to hundreds of balls where patrons don formal wear and dance the night away, the Hip Hop Ball instead opts for a giant night-club vibe.

The gala, which sees patrons mix floor-length gowns with street gear, brought in more than 200 people last year, says 27-year-old founder Sajeh Tavasolie.

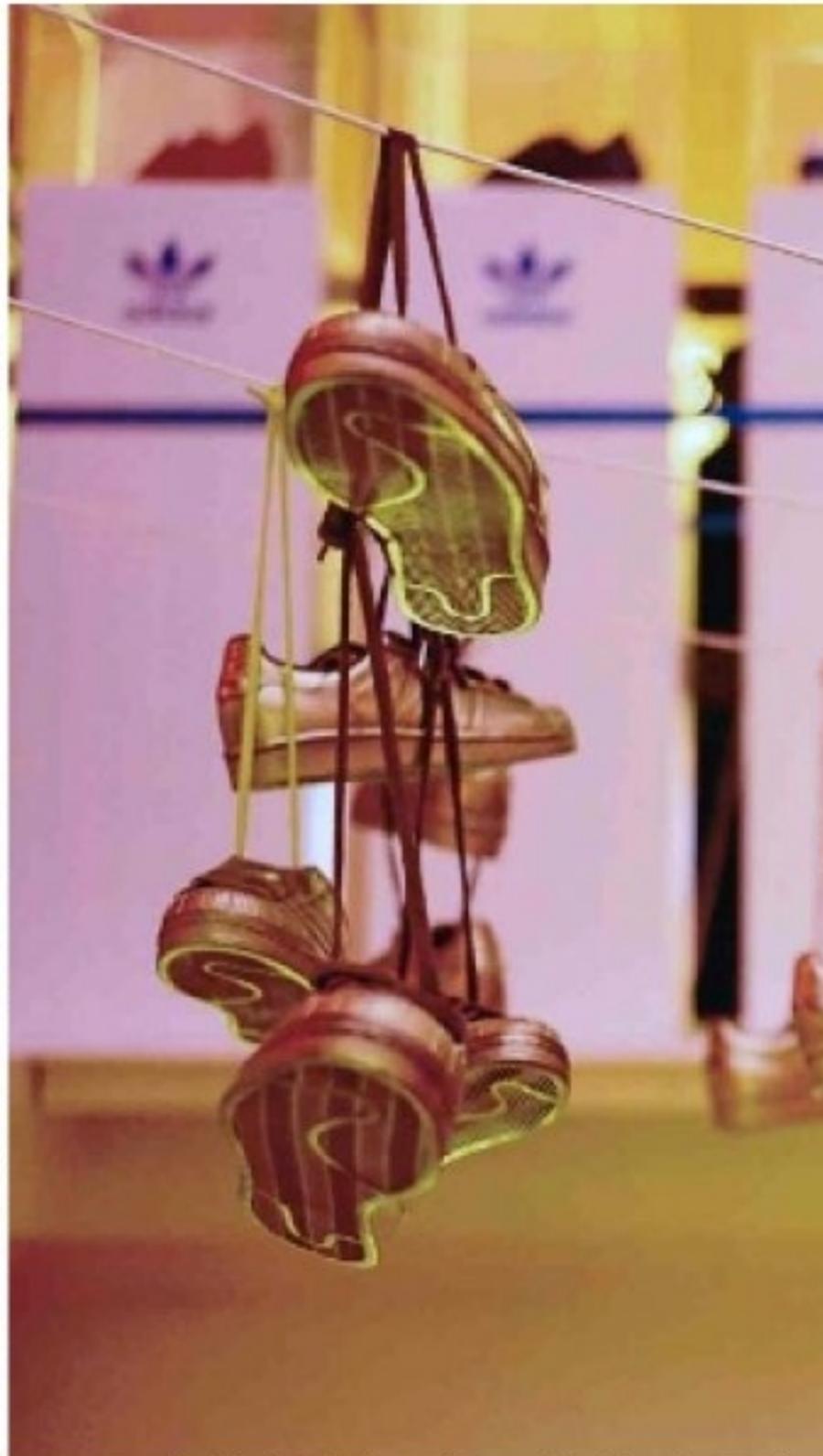
This year, it's moved to a bigger venue (a 19th-century building traditionally used to house classical music performances) to accommodate demand. The ball mixes traditional hip-hop dance with Viennese waltzing, which most youth learn from a young age, creating a unique atmosphere patrons won't find anywhere else.

Not to worry if you aren't

## Vienna, remixed



While Vienna is known for the hundreds of formal balls it puts on every year, the Hip Hop Ball provides a refreshing alternative. Vienna is retaining more of its youth that it once lost to the likes of Berlin, who are starting their own businesses and bringing new life to the city. LEFT: ©WIENTOURISMUS/MANFRED HORVATH, RIGHT: ANGELO KREUZBERGER



**IF YOU GO**

**Save the date**  
The next Hip Hop Ball is taking place Jan. 28, 2017

around for ball season though — Vienna has surprising twists on classics all-year round.

Take Supersense, a coffeehouse that balances between traditional Viennese café and hipster hang-out. The café/store serves its espressos in a beautiful gilded baroque building. But wander into the back and everything old is new again: Shoppers can take a photo with the world's largest digital Polaroid, record a song in a make-shift studio booth made out of an old elevator cart and get their own record pressed, or even try their hand at the "scents lab," a kit that allows people to buy bottled smells. The idea is that the little capsules are to be broken at key moments people want to remember, so that they can build a scent memory.

No trip to Vienna would be complete without some orchestra. But rather than shell out hundreds for tickets to see a show in theatre, wander down to the Haus der Musik museum and take a teched-out tour of the classical music scene complete with holograms of Vienna's famous composers and a (creepy) motion-activated Mozart that mimics your facial movements.

At the end of the tour, visitors can conduct their own orchestra or score prime seats to enjoy a Beethoven/electronic remix.

Classical still permeates all facets of this Austrian city, but there's plenty of modern fixings for those looking for this kind of twist.

**TRAVEL NOTES CEASING SELLING CAPTIVE-ANIMAL ATTRACTIONS, HEMINGWAY'S STUFF SAVED & NEW WEST MEMPHIS TRAIL**

**TripAdvisor takes stand on animal exploitation**

TripAdvisor says it's taking a stand against animal exploitation by no longer selling bookings to attractions where travellers can make physical contact with captive wild animals or endangered species. The policy was formed with input from tourism, animal welfare and conservation groups including the Association of Zoos and Aquariums.

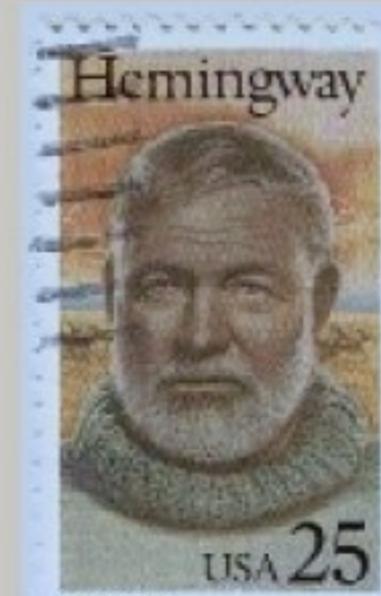
THE ASSOCIATED PRESS



ISTOCK

**US, Cuba step up efforts to save Hemingway artifacts**

Ernest Hemingway was a pack rat who saved everything. Fortunately for fans of the literary icon, U.S. and Cuban officials and scholars have been working together to preserve artifacts at his former estate in Cuba — items they say will help illuminate his colorful legacy. Hemingway threw little away, effectively leaving behind a rich archive that includes his passport and Christmas cards. THE ASSOCIATED PRESS



HANDOUT

**Construction set to begin on trail in West Memphis**

Crittenden County officials said a proposed walkway along the Mississippi River wetlands will generate more tourism revenue to West Memphis and encourage industrial development. The city will begin developing the Delta River Regional Trail for pedestrians and bicyclists on the city's east side in November.

THE ASSOCIATED PRESS

# Cheese curds and Frank Lloyd Wright



Thousands come each year to the valley where Frank Lloyd Wright built his home and tested his ideas about building in harmony with nature. TALIESIN PRESERVATION INC.

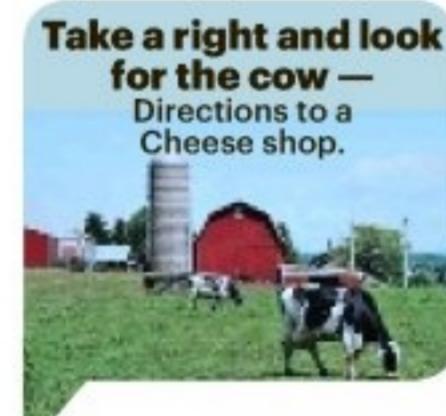
## WISCONSIN

### Famous architect spent summers on uncle's farm

Walking around Madison, Wisconsin, you might feel a sudden sharp pain in your leg, but it's probably just a pocketful of toothpicks from all the cheese curds you've sampled at the farmers market. Chalk it up to one of those 'Welcome to Wisconsin' moments, starting with a display of orange cheese-head gear — worn by fans of the Green Bay Packers — that will greet you at Milwaukee's airport. Later, you get these directions to a cheese store: "Take a right and look for the cow."

You'll spend as much time admiring the Milwaukee Art Museum outside as you will looking at the art inside. From one angle, the white, winged Santiago Calatrava-designed building on the Lake Michigan waterfront looks like a bird in flight. From another angle, it's a ship setting sail. Inside, white ribs form a futuristic tunnel with a lake view.

But don't forget the art: the spooky hooded figure of Saint Francis of Assisi in His Tomb;



**Take a right and look for the cow —**  
Directions to a Cheese shop.

an excellent Georgia O'Keeffe collection, including a striking photo of her shot by her husband Alfred Stieglitz; and a suitcase propped open on the floor, an untitled work by Robert Gober that reveals an entire subterranean world.

It's so crowded at the Dane County Farmers' Market that you can't choose which way to walk. You can only flow with the sea of humanity in one direction past tables overflowing with fruits, veggies, flowers, baked goods and of course, cheese curds, those squeaky bits of fresh cheese goodness, in flavours ranging from dill to Sriracha.

Drive to nearby Middleton for a quick stop at the National Mustard Museum (free admission, goofy mustard-inspired art and every type of mustard imaginable). Then rent a bike for a ride around Lake Monona. The

lake trail often detours from the waterfront and it's hilly (you thought the Midwest was flat?). But exercise will feel good after eating all that cheese.

America's most famous architect, Frank Lloyd Wright, spent his teenage summers working on his uncle's Wisconsin farm. You can see how that landscape of farms and rolling hills influenced Wright's style and esthetics at Taliesin, his house and estate in Spring Green.

Wright set out to replace the vertical boxy shape that dominated home design in the late 19th and early 20th centuries with modernist structures that flowed horizontally like the Midwestern prairie.

Taliesin was a lab for his ideas: open floor plans rather than walled-off rooms, large windows with expansive views and a structure built to suit the terrain. House tours are offered daily through Oct. 31 and Friday-Sunday through November.

Taliesin was also the site of a shocking crime: A house employee murdered Wright's mistress and six others in 1914 and set fire to the house. But Wright was resilient. He rebuilt and kept going. New York's Guggenheim Museum, was being built when he died at age 89 in 1959.

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Sandcastles around Lake Diefenbaker. The Saskatchewan portion of the Trans Canada Trail is 1,700 kilometres long. ISTOCK

# Traversing the Trans-Canada Trail

**SASKATCHEWAN**

**Prairie portion has both epic land and water routes**

Standing on the banks of the South Saskatchewan River, near the Whitecap Dakota First Nation, presents a view of an endless river and a valley on either side.

It's one of the spots on the Trans Canada Trail that trail development manager Kristen Gabora says can leave visitors in awe.

"We opened the Chief Whitecap Waterway at Whitecap Dakota First Nation, and when you're standing on that riverbank and you're looking out, it's just the most beautiful, beautiful thing ever," said Gabora.

"The whole waterway is phenomenal."

The Chief Whitecap Waterway is the Trans Canada Trail's first paddling route in Saskatchewan.

It's just over 100 kilometres of water trail, running through the Whitecap Dakota First Nation from the Gardiner Dam on Lake Diefenbaker to the city of Saskatoon.

The waterway is part of about 1,700 kilometres of the Trans Canada Trail in Saskatchewan. The trail is connected through walking paths, waterways and on gravel country roads.

The idea of creating a trail that would link Canadians from coast-to-coast started in 1992. Since then, Trans Canada Trail, a not-for-profit organization, has been working with donors, governments and volunteers to create an epic trail on both land and water routes.

"The trail really is a living symbol of national collaboration, one that will continue to grow and flourish for generations to come," said Trans Canada Trail president and CEO Deborah Apps.

Every province and territory has its own stretch of the trail, which is owned and operated at the local level.

There are about 20,770 kilometres of trail across Canada so far and it's 87 per cent connected. Saskatchewan's section was announced as fully connected Oct. 1.

Some 40 rural municipalities in Saskatchewan got on board with the project and chose routes that link people to points of interest. They intentionally stayed off highways.

"We really wanted to keep people all about what Saskatchewan is and it's not about following a ribbon of highway," said Gabora.

## IF YOU GO

### Online

You can explore the trail map at [thegreattrail.ca](http://thegreattrail.ca), which has information for the trail for every region of Canada.

"It's about following grid roads, which are like following the roads of the pioneers."

Standing on that dusty road that stretches forever, with farmland on either side, makes you wonder what the first settlers thought when they stood here, says Gabora. It must have been intimidating and inspiring at the same time.

"Everywhere you go on this trail, I think you get that feeling," said Gabora. "You get the rich history of Saskatchewan. You get the feeling of our settlers. You get the feeling of our First Nations."

Work is also finishing up on a six-kilometre part of the Elbow Trail, running between the golf course in the village of Elbow and Lake Diefenbaker.

Gabora says it will be a must-see spot.

"It's very quiet. It's peaceful," she said. "At times, you're up on an open hill, on an open prairie hill overlooking the lake (with) this beautiful vista. Then you come around a corner and you're in dense, dense trees and brush and you feel like you're in the middle of a forest. It's just unbelievable. There are so many different aspects to this trail."

The Trans Canada Trail website lists five must-see sections of the trail in Saskatchewan, including a bicycle-friendly stretch along the Louis Riel Trail that leads cyclists to the National Historic Site at Batoche, Riel's headquarters and the site of the last battle of the North-West Rebellion of 1885.

Gabora says Batoche is her favourite historical spot on the trail. She also likes the sunset from the Saw-Whet Trail near Lumsden, just north of Regina, and says the Wakamow Valley Suspension Bridge in Moose Jaw is the "icing on the cake" for a trail with kids.

"I have been probably on every section of this trail and they are all so unique and they all pull at my heartstrings for different reasons," said Gabora.

THE CANADIAN PRESS

**I have been probably on every section of this trail and they are all so unique and they all pull at my heartstrings for different reasons.**

Kristen Gabora

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# metr<sup>o</sup> SPORTS

"The logo — Chief Wahoo — is one that was troubling to me personally": Jays president Mark Shapiro who was once a Cleveland executive



## Jets' afterburners fuel comeback win

NHL

### Scheifele scores in OT to earn team 2 points in season opener

Mark Scheifele scored at 2:41 of overtime as the Winnipeg Jets came back from a 4-1 third-period deficit to defeat the Carolina Hurricanes 5-4 on Thursday.

Scheifele took a pass from captain Blake Wheeler, who had a goal and pair of assists, and shot the puck past Hurricanes goalie Cam Ward.

Jets rookie Patrik Laine also scored his first NHL goal and added an assist.

The crowd roared when Laine, the second-overall pick in this year's NHL entry draft, scored on the power play in the third period to close Carolina's lead to 4-3. Rookie and Hobey Baker award finalist Kyle Connor assisted on the goal.

Jets veteran Mathieu Perreault made it 4-4 at 18:31 to force 3-on-3 overtime, with Laine assisting on the winner.

Winnipeg free-agent signing Shawn Matthias also scored.

Jeff Skinner and Lee Stempniak each scored a goal and added an assist for Carolina. Jordan Staal and Victor Rask also scored for the Hurricanes, who were playing the first game of a six-game road trip to open the season.



**The Jets' Mark Scheifele scores past Hurricanes netminder Cam Ward in overtime on Thursday night.** JOHN WOODS/THE CANADIAN PRESS

THURSDAY at MTS Centre

**5** **4**  
JETS CANES

held a 3-1 lead heading into the final period.

Matthias scored on a sharpangled shot from below the goal-line that went in off Ward at 4:14 of the first.

Skinner replied after a Winnipeg turnover, flipping a close rebound off Hellebuyck's pad over the goalie at 11:23.

Winnipeg veteran centre Bryan Little collided with Carolina forward Bryan Bickell midway through the first period. He hobbled off the ice favouring a

leg and didn't return to the game.

Matthias factored in on another goal, but for the wrong reasons. While he was off for hooking, Stempniak scored on the power play at 4:47 of the second to take the 2-1 lead.

Staal made it 3-1 with 31 seconds left in the period on an unassisted goal after Jets defenceman Dustin Byfuglien was taken out of the play when he got into a tug for his stick with Hurricane Viktor Stalberg.

THE CANADIAN PRESS

## Gallagher leads Habs over Sabres

Brendan Gallagher scored twice, including a tip-in on Shea Weber's shot, in leading the new-look Montreal Canadiens to a 4-1 season-opening victory over the injury-depleted Buffalo Sabres on Thursday night.

Al Montoya made 30 saves in place of starter Carey Price, who was sidelined by the flu. Andrew Shaw, who was acquired in a trade with Chicago in June, and Torrey Mitchell also scored for Montreal.

Injuries continued to mount for Buffalo after Evander Kane was taken to the hospital for further evaluation after he slammed heavily into the end boards late in the second period. The Sabres were already playing without second-year star centre Jack Eichel, who is out indefinitely with a sprained left ankle.

Matt Moulson scored a power-play goal for Buffalo to briefly cut Montreal's lead to 2-1 in the

opening minute of the third period.

The Canadiens responded with two goals in just under five minutes.

Gallagher scored his second goal 6:43 in by deflecting in Weber's hard, rising snap shot from just inside the blue line. Weber was making his Canadiens debut after Montreal acquired the 11-year veteran by sending P.K. Subban to Nashville in June.

Shaw then scored by capping a frantic scramble in front, and after goalie Robin Lehner had already made two stops.

THE ASSOCIATED PRESS

### NHL IN BRIEF

#### Rangers win battle of NYC

Chris Kreider scored the tiebreaking goal midway through the third period and Henrik Lundqvist stopped 25 shots to lift the New York Rangers to a 5-3 season-opening victory over the crosstown-rival Islanders on Thursday night.

Michael Grabner, Mats Zuccarello, Brandon Pirri and J.T. Miller also scored for the Rangers, who were opening a season at home for the first time since 2007.

THE ASSOCIATED PRESS

#### Johnson helps Lightning strike down Red Wings

Tyler Johnson scored a go-ahead power-play goal off a nifty pass from Steven Stamkos midway through the third period and the Tampa Bay Lightning beat the Detroit Red Wings 6-4 in the season opener for both on Thursday night.

Tampa Bay also got goals from Jonathan Drouin, Cedric Paquette, Brian Boyle, Alex Killorn and Valtteri Filppula.

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# Jays hang loose amid post-season pressure

MLB PLAYOFFS

## Cleveland won regular-season series 4-3

A loose bunch of Blue Jays wasted little time making some changes to their Progressive Field home away from home for the American League Championship Series with Cleveland.

With the clubhouse closed to the media during the post-season, it was up to centre-fielder Kevin Pillar to partially spill the beans.

"All of our name plates have been changed from our normal names," Pillar said as the Toronto players met reporters in a stadium restaurant ahead of Game 1 Friday with the Indians. "I wasn't in there during it but someone's given everyone nicknames already. Not the nicest of nicknames but that's just how we are — we keep it loose, we keep it fun."

"No one is safe, whether you're the MVP, a multiple-



**Jason Grilli, left, and Marcus Stroman enjoy the Jays' victory over the Rangers on Sunday.** VAUGHN RIDLEY/GETTY IMAGES

time all-star or the rookie sitting across. Everyone's got free rein to say what they want and do what they want and that's what makes the environment so fun." Could Pillar reveal his nickname? How about any nickname?

"No, not sharing them," Pillar said, vigorously shaking his head.

Staying loose is nothing new

for the Blue Jays, who are trying to make the most of the post-season moment after falling two wins shy of the World Series last season.

"Enjoy (it)," veteran shortstop Troy Tulowitzki said Thursday. "That's what I try to tell all these young guys on the team. It's not easy to get here. For it to be our

second year in a row speaks volumes about the guys on this team."

Having recovered from a 3-9 start to September, they fought their way into the playoffs, survived the wild-card hurdle and swept Texas in the AL Division Series. The Indians present a considerable challenge. Cleveland won the AL Central before sweeping the Boston Red Sox.

The Indians can manufacture runs with their bats and speed, ranking fourth in the majors with 134 stolen bases (Toronto was 25th with 54). Andrew Miller and Cody Allen lead a more than capable bullpen.

The Jays swung for the fences, ranking fourth in the majors with 221 home runs (Cleveland was 18th with 185). Toronto's starting rotation, meanwhile, led the AL in ERA (3.64) and opponents' average (.236) among other categories.

In fact, the Jays were the only AL team whose starters' ERA was under 4.00 (Cleveland was next at 4.08). THE CANADIAN PRESS

NFL

## Rivera upbeat after Cam practices again



"This is just the next step and it's all about how he reacts to everything," Rivera said.

Newton declined interview requests on Thursday. Running back Jonathan Stewart,

who has missed the last three games with a hamstring injury, also practiced for the second straight day and said he could face the Saints. THE ASSOCIATED PRESS

### IN BRIEF

#### Kings' Quick out injured

The Los Angeles Kings have placed Jonathan Quick on injured reserve after the star goalie got hurt in the first period of their season opener. The Kings announced the move Thursday. Quick incurred a lower-body injury during Los Angeles' opener at San Jose.

He was replaced by Jeff Zatkoff for the final two periods of the Kings' 2-1 loss. THE ASSOCIATED PRESS

#### Piercy sets course record

Scott Piercy began the new PGA Tour season by setting the course record at Silverado with a 10-under 62 to take a two-shot lead at the Safeway Open Thursday.

Conditions were practically perfect in the morning, and so was Piercy. He made 12 birdies, was rarely out of position except for two tee shots and even missed a pair of birdie chances inside 8 feet. THE ASSOCIATED PRESS



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## RECIPE Chickpea and Spinach Stew



**Ceri Marsh & Laura Keogh**  
For Metro Canada

This recipe yields a lot of hearty soup, which is good news as the flavours deepen even more when you warm up the leftovers.

### Ready in 30 minutes

Prep time: 5 minutes  
Cook time: 25 minutes  
Serves 6

### Ingredients

- 2 onions, chopped
- 2 to 3 Tbsp vegetable oil
- 3-inch piece of ginger, grated or minced
- 4 cloves of garlic, minced
- 2 or 3 big handfuls of baby spinach, washed and stems trimmed
- 2 tsp turmeric
- 1 tsp cumin
- 1/2 tsp ground coriander
- 1/2 tsp cayenne (optional)

- 1 x 28 oz can tomatoes
- 1 x 28 oz can of chickpeas
- 1 cup water
- Pinch of salt

### Directions

1. Sauté onions and pinch of salt in oil until they are quite soft, about 10 minutes. Add garlic and ginger and stir for about a minute or two. Add spices and cook for another minute.
2. Add chickpeas and tomatoes. Use the back of a spoon to break up the tomatoes. Add the water and bring to a boil. Add the spinach, reduce heat and simmer for about 15 minutes.
3. Serve over rice and with a dollop of plain yogurt on top.

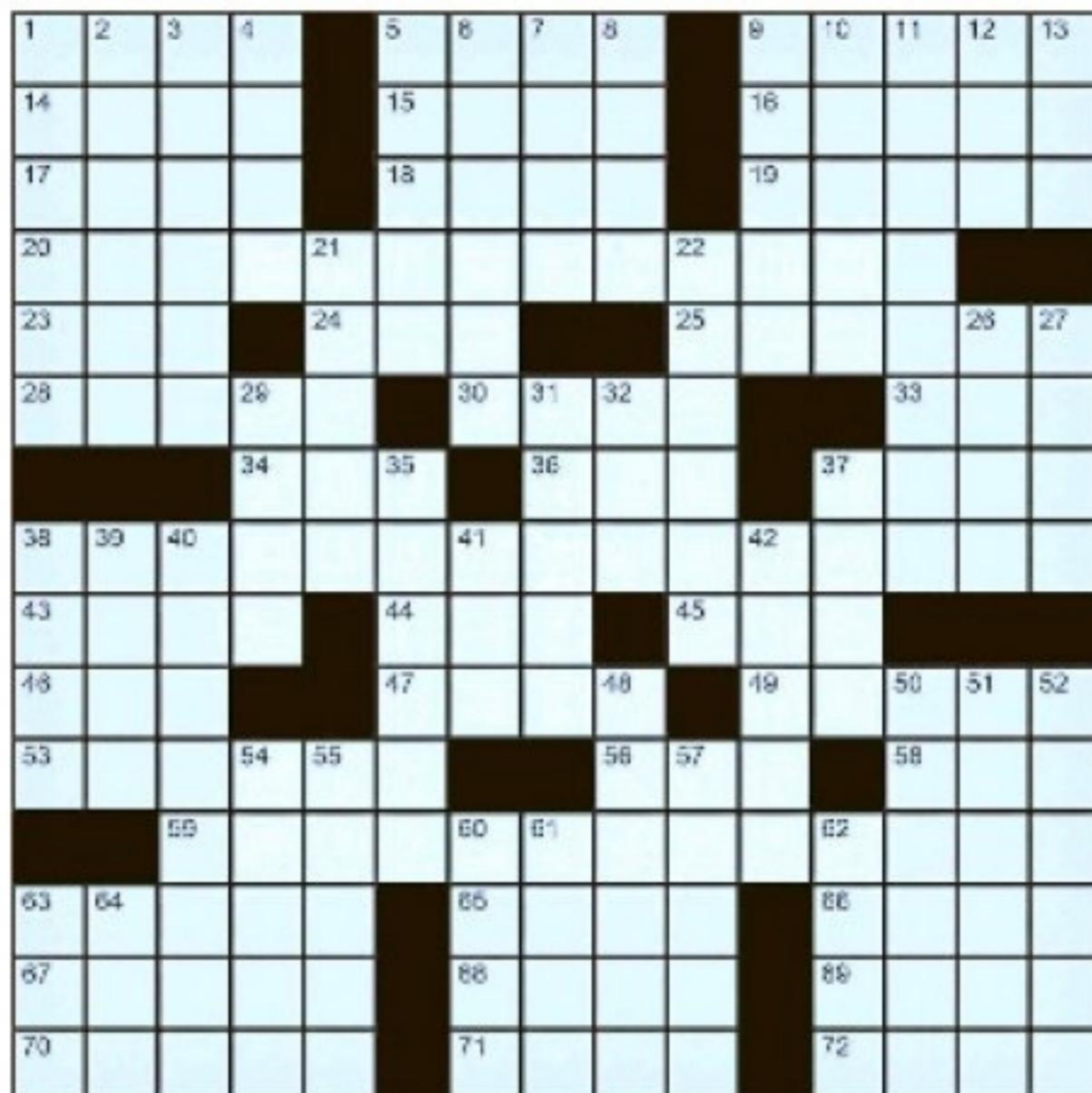
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## CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

### ACROSS

1. Pre-DVD machines
5. Prompted the thespian
9. Not glossy
14. Zeno of \_\_ (Ancient Greek philosopher)
15. As soon as...
16. Walk \_\_ line
17. Lion's sound!
18. Ms. Sorvino
19. Jams in
20. Neil Young song where "it's so noisy at the fair": 2 wds.
23. Author Ms. LeShan
24. Singer Janis
25. More less asleep
28. Church council
30. Swedish car
33. Saskatoon's airport code
34. CFL official
36. Ancient war god
37. "Arriba" is a 1999 hit for what Canadian dance music singer?
38. Tune penned by #59-Across that goes "There is no end to what we can do together...": 4 wds.
43. Large land lot
44. Mined mineral
45. Bitty battery
46. Him, in Hull
47. Monthly abode payment
49. Ms. Stefani's
53. Francia's neighbour in Europa
56. Ms. Arden
58. Ms. Michele
59. Rock legend who Neil Young is opening for at this weekend's Desert Trip music
60. festival in Indio, California: 2 wds.
63. "Grease" (1978) gang member
65. Amazed reactions
66. Conceal
67. Mountain chain
68. Merle Haggard's \_\_ from Muskogee"
69. Vigour, for short
70. Longing-for sounds
71. Kiki and Sandra
72. Positive gestures



### DOWN

1. Poetic lines
2. Overcast
3. Carter's presidential successor
4. Ms. Gilbert
5. Winnipeg, Manitoba has one
6. Marriages, for example
7. Nylons hue
8. Hollywood icon James
9. Parrot variety
10. Glass-ceiling lobbies
11. Two words of gratitude
12. Mr. Burton
13. Nav. designation
21. \_\_ bicycle (Travel on two wheels)
22. Latin 'blank slate', \_\_ rasa

## CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

|   |   |  |   |   |  |  |   |   |
|---|---|--|---|---|--|--|---|---|
|   | 4 |  | 8 | 6 |  |  | 5 |   |
| 9 |   |  |   |   |  |  | 8 | 7 |
|   | 3 |  |   |   |  |  |   |   |
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| 7 | 1 |  |   |   |  |  |   | 8 |
|   | 2 |  | 3 | 4 |  |  |   | 1 |

## \* IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

### Aries March 21 - April 20

This is a challenging day! Relationships with partners and close friends are unpredictable. Some relationships might even end. Clashes with authority figures are intense. (Yikes!)

### Taurus April 21 - May 20

Your work routine will be interrupted with computer crashes, equipment breakdowns, canceled meetings or fire drills. It could be anything. Avoid touchy subjects, because people are ready to quarrel.

### Gemini May 22 - June 21

This is an accident-prone day for your kids, so be extra vigilant. Arguments about the care and education of children, shared expenses or the division of labor might arise.

### Cancer June 22 - July 23

Family squabbles are likely today, because something at home will occur unexpectedly. Small appliances might break down or minor breakages could occur. Have patience!

### Leo July 24 - Aug. 23

This is an accident-prone day for your sign, so pay attention to everything you say and do. Think before you speak. Avoid arguments with co-workers.

### Virgo Aug. 24 - Sept. 23

Something to do with your cash flow or your finances will surprise you today or catch you off guard. Double-check everything. Financial squabbles with your kids or a romantic partner might occur.

### Libra Sept. 24 - Oct. 23

Discussions are heated today because people are obsessed about whatever concerns them. Furthermore, you or someone else might demand more freedom in relationships.

### Scorpio Oct. 24 - Nov. 22

This is a tough day because you feel restless and indecisive. Too many things are going on. Instead of being frazzled, be patient and diplomatic when talking to others.

### Sagittarius Nov. 23 - Dec. 21

You might be upset with a friend today or with your interaction with a member of a group. This could be because something unexpected occurs. Don't overreact.

### Capricorn Dec. 22 - Jan. 20

Conversations with bosses and authority figures might upset you today. Perhaps someone will say something that throws you a curveball. Be careful. Don't quit your day job.

### Aquarius Jan. 21 - Feb. 19

Travel plans will be delayed, canceled or rescheduled today. Ditto for school plans for many of you. Just cope as best you can.

### Pisces

Feb. 20 - March 20  
Make friends with your bank account because something unexpected will affect your finances. Get all your facts first before you decide what to do. Don't just shoot from the hip with guesswork.

## YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

for more fun and games go to [metronews.ca/games](http://metronews.ca/games)



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